



HDMS WEEKLY NEWSLETTER

A MESSAGE FROM OUR PRINCIPAL/DIRECTOR, MR. ERIC

What an amazing start to what is sure to be an awesome school year! It was so nice to see all the smiling faces and get all those knuckle bumps, hugs, and high-5s from such an amazing community of children and adolescents. I also enjoyed meeting all the new members of our community. Thank you for a wonderful start to the year.

It is truly a privilege to lead such an amazing school. I love that we are able to provide a free Montessori education to all of our Kinder through 8th grade students. I am also overjoyed that we can offer so many scholarships and grants to children in our primary program who may otherwise not be able to come to our wonderful school.

Thank you for being a part of our community and I look forward to seeing many of you at our upcoming back-to-school nights.

Sincerely,
Mr. Eric
Eric@hdmsreno.com

Welcome
**BACK^{TO}
SCHOOL**

UPCOMING EVENTS

8/21/23: FIRST DAY FOR KINDERS
8/23/23: 5:00 ELEMENTARY BACK TO SCHOOL NIGHT
8/23/23: 5:00 ADOLESCENT BACK TO SCHOOL NIGHT
8/24/23: 5:30 PTO MEETING [ZOOM LINK](#)
8/28/23-8/31/23: PTO BOOK FAIR
8/30/23: 5:00 HDMS BOARD MEETING
9/1/23: TEACHER WORK DAY- NO SCHOOL FOR ALL PROGRAMS
9/4/23: LABOR DAY - NO SCHOOL
9/6/23: FALL PICTURE DAY
9/8/23: HEALTH SCREENINGS (1ST, 4TH & 7TH GRADES)
9/15/23: 2ND CUP OF COFFEE WITH ADMIN.
9/20/23: TWO-HOUR EARLY RELEASE
9/21/23: 5:30 PTO MEETING [ZOOM LINK](#)
9/27/23: 5:00 HDMS BOARD MEETING
9/28/23: NNLC LITERACY NIGHT
9/29/23: JOG-A-THON



A MESSAGE FROM OUR ASSISTANT PRINCIPAL, MISS KALEIGH

When did Montessori start in public schools?

Did you know that the first public Montessori school was opened in 1913 in Los Angeles, by Katherine Moore? However it wasn't until the 1970's when States who were voluntarily addressing desegregation developed Montessori magnet schools, that public Montessori schools started to pop up in different areas of the country.

In the 1990's, the introduction of charter schools and the expansion of school choice options fueled exponential growth in the public Montessori sector. Public Montessori is not limited to charter schools, though- there are several school districts across the country who offer public Montessori within their districts.

NATIONAL CENTER for MONTESSORI in the PUBLIC SECTOR

There are currently more than 500 public Montessori schools in the United States.

SUPPLY FEE INFORMATION

SUPPLY FEE

High Desert is a tuition-free school for all students in grades K through 8. Comparable Montessori tuition-based programs can cost thousands of dollars a year per child. We charge a flat \$125 supply fee per student.

Supply fees are used for many purposes, including the purchase and replacement of costly Montessori materials, classroom furniture, field trips, and renewable classroom supplies.

If you have not made a payment by the end of September, you will receive an invoice from the school for a supply fee. Your payment can be run via credit card, mailed in, or dropped off at the front desk.

We understand that times are tough for many families but know that the price of a Montessori Education is well worth the investment! If you need to work with the school to make payments, please contact Sherrie at 624-2800 extension 3 or email Sherrie at sherrie@hdmsreno.com.

FREE BREAKFAST & LUNCH MENU

Our full breakfast and lunch menu can always be found on our website at <https://www.hdmsreno.com/free-school-lunch-breakfast/>

REMINDER! THE USDA requires EVERY family to fill out a FRL form EACH year!

14 Bagel & Cream Cheese or Jam w/ Fruit & Milk	15 English Muffin w/ Turkey Sausage & Cheese (veg cheese) w/ Fruit & Milk	16 Belgian Waffle w/ Organic Agave Syrup, Fruit & Milk	17 Quesadilla w/ Fruit & Milk	18 French Toast Casserole w/ Fruit & Milk
Cheese Ravioli w/ Marinara Sauce (vegetarian) w/ Fruit & Milk	Beef Tacos (Veg. Option is Refried Bean Taco) w/ Fruit & Milk	Cheese Pizza w/ Fruit & Milk	Chicken Drumsticks & Veggie Rice w/ Fruit & Milk (veg. option Chickpeas Stew)	Tuna Salad Sandwich (veg option is Cheese Sandwich) w/ Fruit & Milk
21 Bagel & Cream Cheese or Jam w/ Fruit & Milk	22 English Muffin w/ Turkey Sausage & Cheese (veg cheese) w/ Fruit & Milk	23 Belgian Waffle w/ Organic Agave Syrup, Fruit & Milk	24 Quesadilla w/ Fruit & Milk	25 French Toast Casserole w/ Fruit & Milk
Spaghetti w/ meat sauce (veg. option Marinara) w/ Fruit & Milk	Chicken Quesadilla (Veg. Option is Cheese Quesadilla) w/ Fruit & Milk	Veggie Pizza (Vegetarian) w/ Fruit & Milk	Chicken Rice Bowl (veg option Veggie Rice Bowl) w/ Fruit & Mild	Toasted Turkey & Cheese Sandwich (Veg. Option is Cheese Sandwich) w/ Fruit & Milk

NOTES FROM THE PTO

Welcome back! We're so excited to start another school year. The PTO (Parent Teacher Organization) wants to send a huge Thank You to all the teachers and staff who helped make this first week so smooth. And a huge welcome to all our new and returning families.

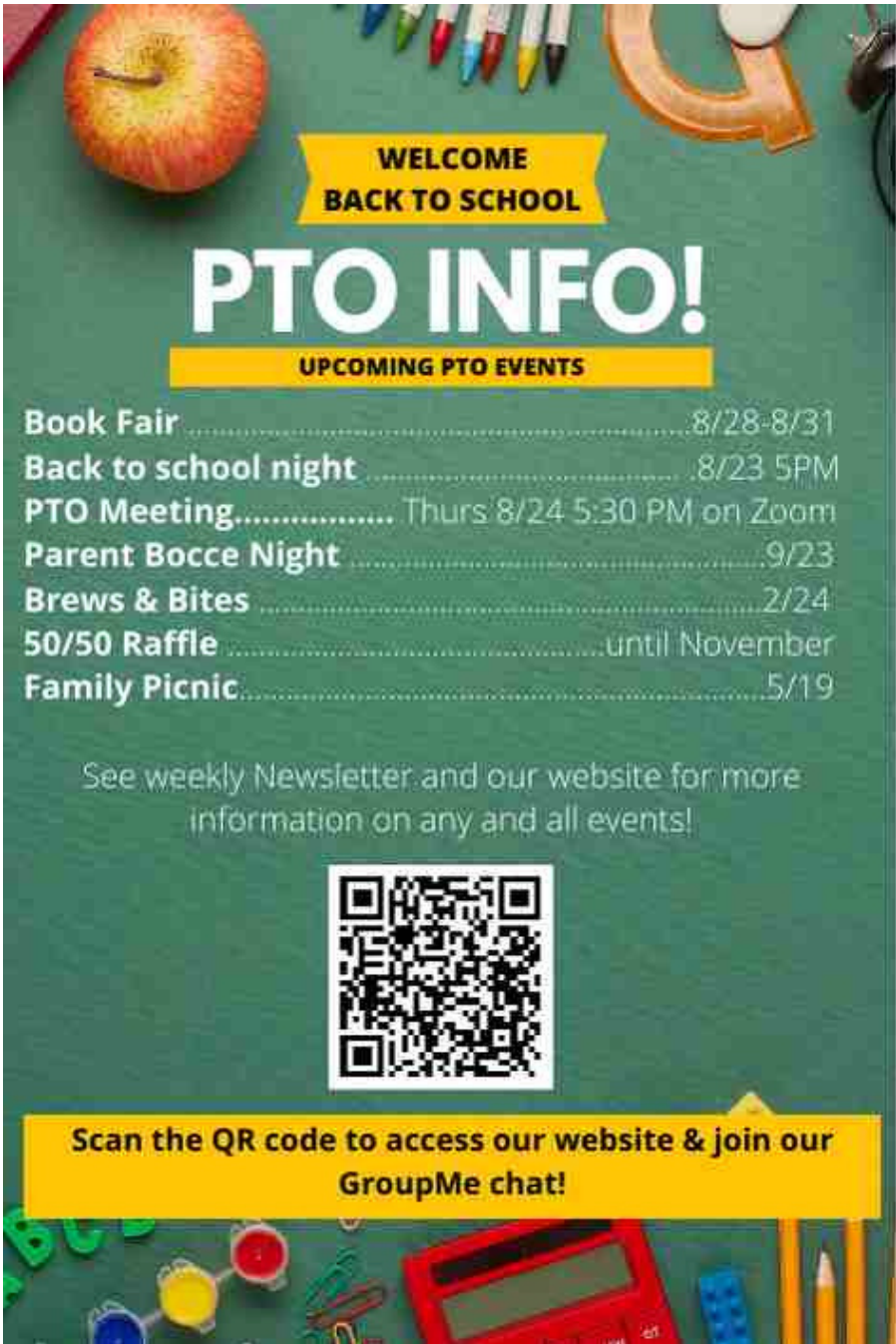
New families, if you have any questions about the school, the PTO, or need help of any kind you can reach out to the PTO on the school's [Facebook Group](#), or you can visit [our website](#) for information or to join our [GroupMe chat](#).

The PTO will be hosting a book fair to help raise money to send our teachers to Montessori Trainings next summer. The book fair will take place the week of 8/28-8/31 in the new community center. Come ready to browse for amazing books!

Our school calendars are available for sale! Each calendar features artwork from our very own HDMS students and comes complete with all school important dates built in (never miss an early release day again!). [Click here to order this week for a discounted \\$20 price](#). Next week price goes up to \$35.

Upcoming PTO Events

- PTO Meeting via Zoom ([click here to join Zoom meeting](#)) 5:30 PM - 6:30 PM Thursday August 24th
- PTO will have a table at Back-to-School night 8/23 so stop by for more info or to purchase a calendar!
- Book Fair 8/28-8/31




WELCOME BACK TO SCHOOL

PTO INFO!

UPCOMING PTO EVENTS

Book Fair	8/28-8/31
Back to school night	8/23 5PM
PTO Meeting	Thurs 8/24 5:30 PM on Zoom
Parent Bocce Night	9/23
Brews & Bites	2/24
50/50 Raffle	until November
Family Picnic	5/19

See weekly Newsletter and our website for more information on any and all events!



Scan the QR code to access our website & join our GroupMe chat!

NOTES FROM THE DIVERSITY, EQUITY & INCLUSION COMMITTEE



The Diversity, Equity, and Inclusion Committee warmly welcomes EVERYONE back to school!

We are a diverse group of parents and staff who have come together to work with community members and experts to improve HDMS for EVERYONE.

Our group is currently working on a plan for the 2023-2024 academic year. A community survey will be coming out soon.

If you are interested in learning more or getting involved, please reach out to Martha@HDMSReno.com.



DIVERSITY
is a fact

EQUITY
is a choice

INCLUSION
is an action

BELONGING
is an outcome

NOTES FROM OUR PRIMARY TEAM

THANK YOU!!

The primary children are so happy playing on the new recycled turf. They tumble and run and bounce on the bounce balls and are just so happy! We're grateful to Ernie Dionne of Dionne Landscape (775)461-6485 who worked with us to make artificial turf a reality on all of our playing fields. We're also grateful to Ernie for his donation of six yards of topsoil for our greenhouse.



Speaking of gardens, we're so grateful to the Home Depot Summit Ridge for building EIGHT beautiful new garden boxes for our Primary classrooms!



LAHONTAN CLASSROOM

Welcome back to school. The Lahontan community is having a wonderful first week.

The returning preschoolers came back excited to work with the Montessori materials and the new children are already engaging in the Montessori lessons and activities with interest and enthusiasm. It is wonderful to see the Kindergarteners during their assessments. I look forward to welcoming them back next week!

Thank you to Amy, Nelofarr, and Audrey for helping set up our new classroom. We couldn't have made so much progress without you! Thank you to Jasper's family for the donation off of our [Amazon Wishlist](#). And, thank you to Amy and Edward for taking such good care of our plants over the summer.

Characteristics of a Montessori Classroom

- Mixed-aged children
- Freedom of choice and movement
- Long uninterrupted periods of work
- Mutual respect and positive discipline
- A prepared environment including Montessori materials
- Two adults in each classroom (guide and assistant)
- The guide gives individual or small-group lessons
- Children work individually or in small groups with follow-up work
- Homework typically consists of practical life, reading, and practical math practice



NOTES FROM THE ELEMENTARY TEAM

JUNIPER CLASSROOM

Week 1 Juniper classroom made slime, made a puzzle that each student decorated a piece of, and played a rock-paper-scissors showdown!



SIERRA CLASSROOM

Welcome to and welcome back to HDMS! It has been such a pleasure reestablishing connections and making new connections with your children this past week!

We have been learning about each other, team building, and getting ready to establish our classroom norms and expectations. We do this together, where the students really think about what they want the classroom to feel like each day.

Next week we will begin our first assessments of the year to get baseline knowledge of where each of our students are academically. This is a new assessment format that we are trying this year. There will be more information coming home to parents as this assessment tool can also be used at home to help your child continue learning outside of the classroom.

Back to School Night will be Wednesday, August 23 at 5:00pm. I would love to see you there to share a little about myself and the Sierra class, get to know a little about you and answer any questions you may have!

BACK
 **TO** 
SCHOOL
NIGHT

TOIYABE CLASSROOM

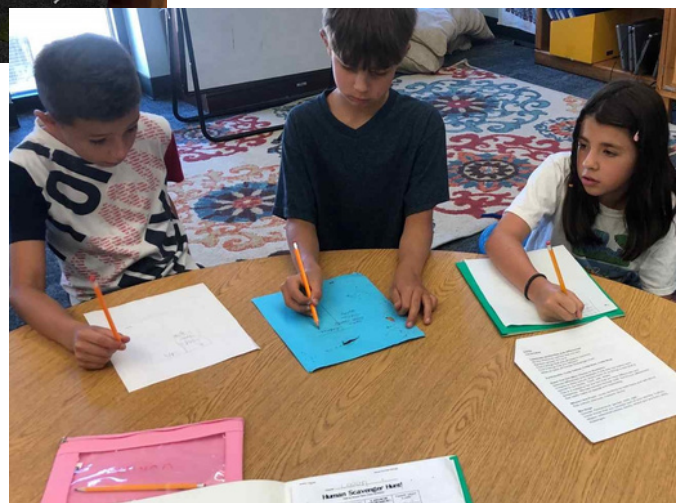
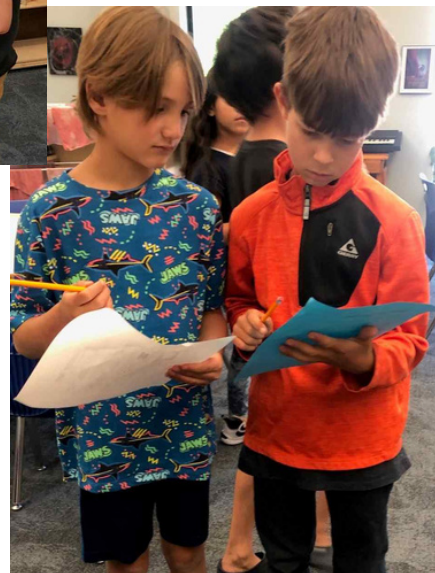
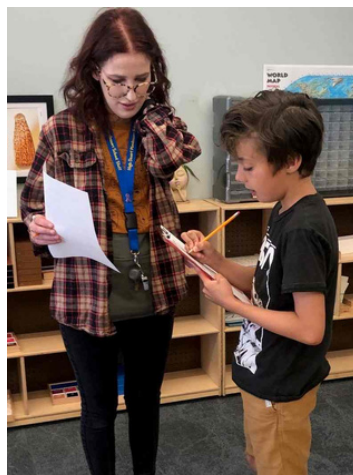
Toiyabe students have had a FUN first week as we build our classroom community through cooperative games, reflection, and sharing with one another. This is a wonderful group of children and we are building a great foundation of trust and accountability. Please join us next Wednesday for our Back-to-School Night when we can share more details about the year to come.

As the new school year gets underway, we are creating an enriching and dynamic learning environment for our students. To achieve this, we are reaching out to you for support in acquiring essential classroom materials that will greatly enhance our teaching and your child's educational experience. If you would like to help, you can donate items either from the Toiyabe class wish list or the Upper El PE wishlist - both on Amazon. Here's what you can do:

1. Go to:
[Toiyabe Class Wish List](#)
and/or
[Upper El PE Wishlist](#)
 2. Place the item(s) you wish to donate in your cart
 3. At checkout, have items delivered to me at school:
- Elyse Niemann
101 Fantastic Dr.
Reno, NV 89512
or have them delivered to yourself and bring them to school.

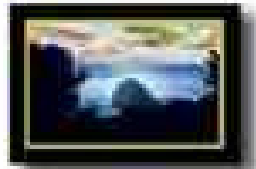
Your contributions have a direct impact on your child's education experience - thank you!

Community building and creating identity collages



IN SCHOOL MUSIC LESSONS (FOR ALL AGES)

To register, visit www.pacificmistmusic.com



PACIFIC MIST MUSIC

GENERATING REVENUE, JOBS & MUSIC EDUCATION FOR PRIVATE & CHARTER SCHOOLS

Working with High Desert Montessori School Beginning to Advanced in-School Music Lessons

Piano Lessons



Guitar / Ukulele Lessons



Violin Lessons



Dear Parents

Pacific Mist Music is offering an outstanding music program for the students of High Desert Montessori School. Enrolled in the program, your child will receive 30 minute private instruction weekly offering piano, guitar or violin. Weekly lessons will be taught at High Desert Montessori School.

The music teachers of Pacific Mist are seasoned professional musicians with many years of teaching & performance experience. Our teachers are excellent for students of all ages, keeping your child interested and excited about music.

A portion of your lesson payment is donated to High Desert Montessori School which provides funding for general music classes for all students of High Desert Montessori

Cost per lesson is \$30 per lesson. Pacific Mist bills monthly by e-mail with Auto Pay. If instruments are needed, Pacific Mist can help with violins rentals, guitar, keyboard or piano purchases. Contact Steve Pfister for details. 324-1445

Register on the web at PacificMistMusic.com



Available lesson times are scheduled on a first come basis and they fill quickly..

AFTER SCHOOL ACTIVITIES

SOCCER SHOTS (PRIMARY)

HIGH DESERT MONTESSORI: FALL '23 SEASON

Dates: 9/12/23 — 12/5/23 (Tuesdays, 10 SESSIONS)(No Class 10/3, 10/17, 11/21)

Ages: 3-6

Time: 3:30p (children not in afterschool care); 4:05p (children in afterschool care)

Cost: \$160 (+\$30 registration fee covers Fall '23 through Summer '24)(split payment available)

Enroll Here: <https://reno.soccershots.com/hdms>



ART CLASSES (PRIMARY & LOWER EL)

Primary: Thursdays starting August 31 from 3:45-4:30

Lower El: Tuesdays starting August 29th from 3:45-4:30

Art Class with Ms. Sunny

CLASS FOR LOWER
ELEMENTARY AND
PRIMARY CHILDREN
3:45-4:30

Cost: \$18
per class or
\$85 for 5
weeks

Email Ms.
Sunny to
join!

CLASSES START AUGUST 29

SUNNY@HDMSRENO.COM

STEP INTO MUSIC CLASSES (PRIMARY)

Music class with Mr. Steven will be held on Mondays at 3:30 starting September 11th. \$60 a month
Email Steven.stepintomusic@gmail.com with the following information to sign up.



Step Into Music
Registration/Current Information Form

Child's Name: _____ Birthdate: _____

2nd Child's Name: _____ Birthdate: _____

Parent's Name(s): _____

Address: _____ City _____ Zip _____

Email Address: _____

Phone Number _____

YOGA CLASS (5-8 YEAR-OLDS)

YOGA

Sept. - Oct.
Yoga Session
Sept. 7 - Oct. 26

HDMS Library
Yoga Mats Provided
"Trilingual" Classes:
English/Spanish/Sanscrit

[CLICK HERE](#)

<https://forms.gle/16sn7BvRWAUxtrm58>

Children's Yoga
(5- to 8--year-olds)
Thursdays 3:30-4:20 pm

Stretch & Flow
(Adult-paced class)
Fridays 3:30-4:30 pm

Alegria.A.Day@gmail.com

KellyB@HDMSReno.com

GIRLS ON THE RUN (GIRLS 3RD-8TH GRADE)

<https://www.girlsontherunsierras.org/3rd-5th-grade-program-details>

Please contact Miss Lisa J with questions or for more information lisaj@hdmsreno.com



Girls on the Run Sierras

Girls on the Run is a **character-building program** for girls in 3rd-8th grade. In this program, girls learn about friendship, kindness, and emotional wellness.

Important Season Dates:

- **June: Girl Registration opens**
- **Week of August 28th: Program starts**
- **September 8th: Girl registration closes (or until teams are full)!**
- **November 18th: Celebratory 5K at Reno High School**

Prices:

Full Pay: \$225
Partial Scholarship: \$95
Full Scholarship: \$35



To learn more, or register your girl, scan this QR code!



Check out this video all about the GOTR program!



ARCHERY FOR UPPER EL STUDENTS

Registration requests may now be submitted for Upper El after school Archery Fall 2023.

Click <https://forms.gle/U458ZrUrEz6wKwDE7> to submit request.

10 Weeks starting 9/11 or 9/12. No classes during Fall Break or Conference Week, ends the first full week of December (12/4 or 12/5).

Fee to Participate in Fall Upper El Archery is \$40. If you are unable to pay, please contact Miss Laurel, limited scholarships are available. laurel@hdmsreno.com

Winter Archery (Tournament Team) will take place January-February and will be by invitation.

School equipment is provided at no cost for all students. Students may not bring private equipment unless it is a standard Genesis Bow that meets the correct eye dominance of the student. Please talk to the coaches before purchasing your child a bow.

Due to high demand and long wait lists, we will be offering three sessions of Upper El archery this fall on Monday and Tuesday afternoons. Your ability to be flexible with time will increase your child's chances of securing a spot.

- Mondays 3:00-4:00 (this class is reserved for 6th graders and/or 5th graders who participated on the tournament team last year)
- Tuesdays 3:00-4:00 (this class is reserved for 4th & 5th graders with any amount of experience)
- Tuesdays 4:00-5:00 (this class is reserved for 4th & 5th graders with any amount of experience)

Acceptance and group placements will be sent out by 8/26/23.



Archery Clothing Store

HDMS Archery branded clothing can now be purchased at <https://www.customink.com/g/mve0-00cs-hdgp>

Ordering window open now through August 31.

Ordering open to all HDMS families.

Youth sizes run small.