



HDMS WEEKLY NEWSLETTER

A MESSAGE FROM OUR PRINCIPAL/DIRECTOR, MR. ERIC

Now that we are back in the swing of things, I would like to tell you about a few new faces here at HDMS. In no particular order, we have:

- Ms. Alecs Noles, Speech Pathologist - Ms. Alecs comes to HDMS from the school district and is also a mom of 2 children in our lower and upper elementary classrooms. Alecs has a wealth of experience helping children improve their speech and is a wonderful addition to our staff.
- Ms. Amber Caldwell, Desatoya teacher - Ms. Amber is a long-time member of our community, having served for a number of years as a classroom assistant. Amber left us to pursue a Masters degree in English and returns to take the role of the classroom teacher in the new Desatoya classroom.
- Mr. Steven Lopez - Mr. Steven comes to HDMS after working for several years in Washoe schools, and even more experience teaching in Arizona. He is a valued member of our adolescent team and is taking on the position of math teacher.
- Ms. Ashley Manibog - Ms. Ashley will be joining the Ruby classroom as their new classroom assistant. Ashley is an amazing addition to a wonderful team.
- Ms. Elena De La Paz - Ms. Elena is a student intern from UNR who will be working with Ms. Jamie and Ms. Ashley in the Ruby classroom to round out an amazing team.
- Mr. David Hart - Mr. David is a middle school parent and is joining the Candelaria classroom this year as their classroom assistant. Mr. David has a ton of experience working in classrooms around the world.

Please welcome our new staff members when you see them. We are so lucky to have these amazing, talented people joining our school.

Thank you for your continued support of High Desert Montessori.

Sincerely,
Mr. Eric
Eric@hdmsreno.com

UPCOMING EVENTS

- 8/24/23: 5:30 PTO MEETING [ZOOM LINK](#)
- 8/28/23-8/31/23: PTO BOOK FAIR
- 8/30/23: 5:00 HDMS BOARD MEETING
- 9/1/23: TEACHER WORK DAY- NO SCHOOL FOR ALL PROGRAMS
- 9/4/23: LABOR DAY - NO SCHOOL
- 9/6/23: FALL PICTURE DAY
- 9/8/23: HEALTH SCREENINGS (1ST, 4TH & 7TH GRADES)
- 9/15/23: 2ND CUP OF COFFEE WITH ADMIN.
- 9/20/23: TWO-HOUR EARLY RELEASE
- 9/21/23: 5:30 PTO MEETING [ZOOM LINK](#)
- 9/27/23: 5:00 HDMS BOARD MEETING
- 9/28/23: NNLC LITERACY NIGHT
- 9/29/23: JOG-A-THON



A MESSAGE FROM OUR ASSISTANT PRINCIPAL, MISS KALEIGH

Why are Attendance and Being On Time so important??



You will hear teachers and administrators talking about attendance and how important it is for students to be at school- on time, all day, every day (unless they are ill). We look forward to seeing your students at school every day.

The following are some important facts about school attendance:

- 1.Absenteeism in the first month of school can predict poor attendance throughout the school year
- 2.Poor attendance can influence whether children can read proficiently by the end of third grade.

3.By 6th grade, chronic absenteeism becomes a leading indicator that a student will drop out of high school.

4.When students improve their attendance rates, they improve their academic prospects and chances for graduating.

5.An estimated 5 million to 7.5 million U.S. students miss nearly a month of school each year.

6.Research shows that missing 10 percent of the school, or about 18 days in most school districts, negatively affects a student's academic performance. That's just two days a month and that's known as chronic absence. (GetSchooled.com)

7.Chronic tardiness can have dramatic results on a student's future education and career. Students who leave school early miss out on valuable instructional time.

FALL PICTURE DAY!

Fall Picture Day is right around the corner on Wednesday, September 6, 2023. Check your email for information directly from Lifetouch on how to order, or visit www.mylifetouch.com and enter code EVTH98SHN to locate the High Desert Montessori School event.



FREE BREAKFAST & LUNCH MENU

Our full breakfast and lunch menu can always be found on our website at <https://www.hdmsreno.com/free-school-lunch-breakfast/>

21 Bagel & Cream Cheese or Jam w/ Fruit & Milk	22 English Muffin w/ Turkey Sausage & Cheese (veg cheese) w/ Fruit & Milk	23 Belgian Waffle w/ Organic Agave Syrup, Fruit & Milk	24 Quesadilla w/ Fruit & Milk	25 French Toast Casserole w/ Fruit & Milk
Spaghetti w/ meat sauce (veg. option Marinara) w/ Fruit & Milk	Chicken Quesadilla (Veg. Option is Cheese Quesadilla) w/ Fruit & Milk	Veggie Pizza (Vegetarian) w/ Fruit & Milk	Chicken Rice Bowl (veg option Veggie Rice Bowl) w/ Fruit & Mild	Toasted Turkey & Cheese Sandwich (Veg. Option is Cheese Sandwich) w/ Fruit & Milk
28 Bagel & Cream Cheese or Jam w/ Fruit & Milk	29 English Muffin w/ Turkey Sausage & Cheese (veg cheese) w/ Fruit & Milk	30 Belgian Waffle w/ Organic Agave Syrup, Fruit & Milk	31 Quesadilla w/ Fruit & Milk	1
Pesto Chicken Pasta (Veg. option is Pesto w/veggies) w/ Fruit and Milk	Bean & Cheese Burrito (Veg.) w/ Fruit & Milk	Pepperoni (Vegetarian) w/ Fruit & Milk	Chili w/ Chips (vegetarian) w/ Fruit & Milk	

NOTES FROM THE PTO

August Agenda:

- **Introductions**
- **Principal updates**
- **Book fair info/planning**
- **Events info/planning**
 - **Bocce Ball**
 - **Brews & Bites**
 - **Picnic**
- **Other questions/ideas**

You're Invited

- Meeting Thurs Aug 24 5:30-6:30 PM
- Meet other parents/teachers/admin
- Bring any HDMS related questions to the meeting
- Get involved!

Zoom Link



[Click here for Zoom](#)



Our school calendars are still available for sale! Each calendar features artwork from our very own HDMS students and comes complete with all school important dates built in (never miss an early release day again!). [Click here to order](#) \$35 each.

Upcoming PTO Events

- PTO Meeting via Zoom ([click here to join Zoom meeting](#)) 5:30 PM - 6:30 PM Thursday August 24th
- Book Fair 8/28-8/31

Keep in touch with all PTO events/activities by visiting us on [Facebook](#), on [our website](#) or by joining our [GroupMe chat](#).



The PTO will be hosting a book fair to help raise money to send our teachers to Montessori Conferences this spring. The book fair will take place the week of 8/28-8/31 in the 2nd floor library during morning care, lunch time, and aftercare. Come ready to browse for amazing books!

NOTES FROM THE GREEN PARENTS GROUP

Part of the mission of HDMS is to encourage our students to be active and conscious participants in a green community. The Green Parents Group is here to support that mission.

Educating responsible global citizens means being thoughtful about the impact we have. That's why we send our kids to school with reusable napkins, utensils, and water bottles; that's why the kids learn to separate their compostable waste; that's why we build gardens and greenhouses for our children to interact with. Our kids are learning sustainable habits, and they are also learning that by being thoughtful about our impact, we can make a positive difference for the earth.



What makes you passionate about raising eco-literate kids? Let us know! Contact GreenParents@HDMSReno.com.

2023 GENERAL ILLNESS SCREENING TOOL



Illness Screening Tool

If you are not feeling well, stay home and seek care as needed.

If you have questions, contact your school nurse or healthcare provider.
To report an absence, call your school or use the Infinite Campus Absence Request tool.

If you have any new or unusual symptoms of illness...

- ▶ **Do NOT go to school/work.**
- ▶ **Communicate with your school/supervisor.**
Parents may contact the school with exclusion-related questions.
- ▶ Seek care from your healthcare provider, if needed.
- ▶ If you experience any new symptoms, check this tool.



and follow instructions below for specific signs and symptoms.

One or more of the following:

Fever (temperature $\geq 100.4^{\circ}\text{F}$ at rest)
Vomiting
Diarrhea

- ▶ **STAY at home until you have been free of fever, vomiting, and diarrhea for 24 hours without the use of symptom-reducing medication.**
(The 24 hour time period may be extended if illnesses are spreading in a classroom or school. Such information will be communicated to families.)

Undiagnosed skin rash

- ▶ **Rash has resolved -or-**
- ▶ **Healthcare provider statement indicates that the rash is not contagious.**

Yellow or greenish drainage from eyes, nose, or ears

- ▶ **Drainage has resolved -or-**
- ▶ **Provide proof of antibiotic treatment for prior 24 hours.**

Positive for COVID-19 test (home or laboratory test)

- ▶ **ISOLATE at home until all 3 conditions are met:**
 - (1) **5 days have passed since symptoms began,**
 - (2) **No fever/diarrhea/vomiting in last 24 hrs** without medicine, and
 - (3) **Other symptoms are improving.***Eligible to return on day 6, if 3 conditions above are met.*
- ▶ **Wear fitted mask around others for next 5 days.**
If you are not able or willing to wear a well-fitting mask, remain isolated at home for 10 days. You may return on day 11, if symptomatic conditions above are met.
- ▶ **For moderate** (difficulty breathing) **or severe illness** (hospitalization), **talk with healthcare provider and consider isolating through day 10.**

Sore throat

- ▶ **As long as you do not experience symptoms listed above, return when symptoms have improved.**

Mildly ill and unable to participate in normal school activities.

*We hope you feel better soon and look forward to seeing you in class.
Eat well. Sleep. Wash your hands.*

PRIMARY PROGRAM

PLEASE HELP!

The bulk of Primary cars are still arriving either early or within the first three minutes of the Arrival and Dismissal windows, which leads to traffic congestion and long waits. When our traffic backs out onto Fantastic Drive, parents are frustrated, we receive neighbor complaints, and law enforcement gets involved.

PLEASE make every effort to stagger arrival and dismissal times throughout the arrival and dismissal windows. Those cars arriving in the second half of these windows normally experience little to no wait time!

Primary Arrival Window:
Sibling "S": 8:35-8:40 (only Primary students with a sibling in 1st-8th)
Primary "P": 8:40-8:55
Primary Dismissal Window:
Sibling "S" & Primary "P": 3:10-3:20



If your placard has two areas listed (ex. "2/3" or "4/5"), please pull on whichever side of the solar panel is shortest at dismissal. Your

TOQUIMA CLASSROOM

Toquima students are off to a great start this year! We are learning, laughing and singing together daily. New friendships are forming and children are learning about how they can help one another in our class and on the playground. The kindness we're seeing is heartwarming.



Pictured: Children at work, having fun at recess, and singing and dancing to "Shake Your Sillies Out" & fun at recess!

ELEMENTARY PROGRAM

EXCELSIOR CLASSROOM

We would like to remind Excelsior families that children need to bring water bottles, silverware, a cup for milk, & 2 napkins.

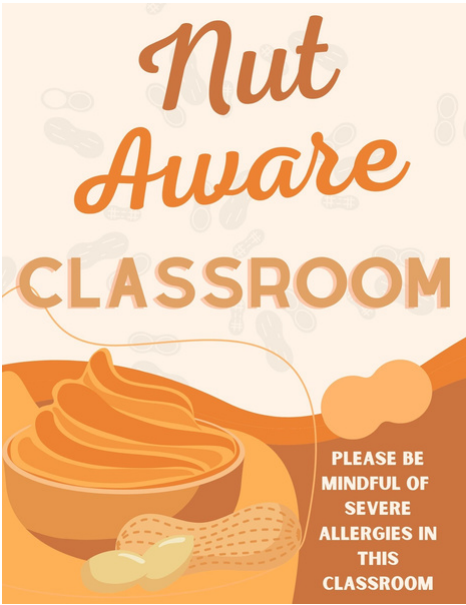
Please try to make sure your child arrives during your scheduled arrival window so that they have time to eat breakfast each morning.

If possible, children may bring indoor shoes.

We are a nut aware classroom. Please be mindful of severe allergies in this classroom.

Scholastic book orders can be placed online. The class code for online orders is Z6DDY and orders are due September 15, 2023.

Thank you, Excelsior families!



JUNIPER CLASSROOM

Juniper class did an escape room with activities to get to know each other. No one escaped...



SIERRA CLASSROOM

This week we took our first iReady assessments. It was a new test for all of us, but I am excited to use this tool to help your kiddos learn as much as possible this year. We started our first academic lessons with 2 of Dr. Montessori's Great Lessons. We also had a writing lesson and some of the students received a language lesson as well. I am very excited about this school year! Your children seem very eager to learn!

On Friday, Sierra students will have a chance to see what is available at our PTO book fair! Then on the following Wednesday, they will have a chance to purchase books if they wish too.

Have a wonderful weekend!
Ms. Jen

DESATOYA CLASSROOM

Last Friday, Miss Kaleigh shared the First Great Lesson with our class. The Montessori Great Lessons allow students to explore advanced concepts in an easy-to-understand way. Each story is meant to inspire students with the curiosity to engage in further research.



ADOLESCENT ELEMENTARY PROGRAM

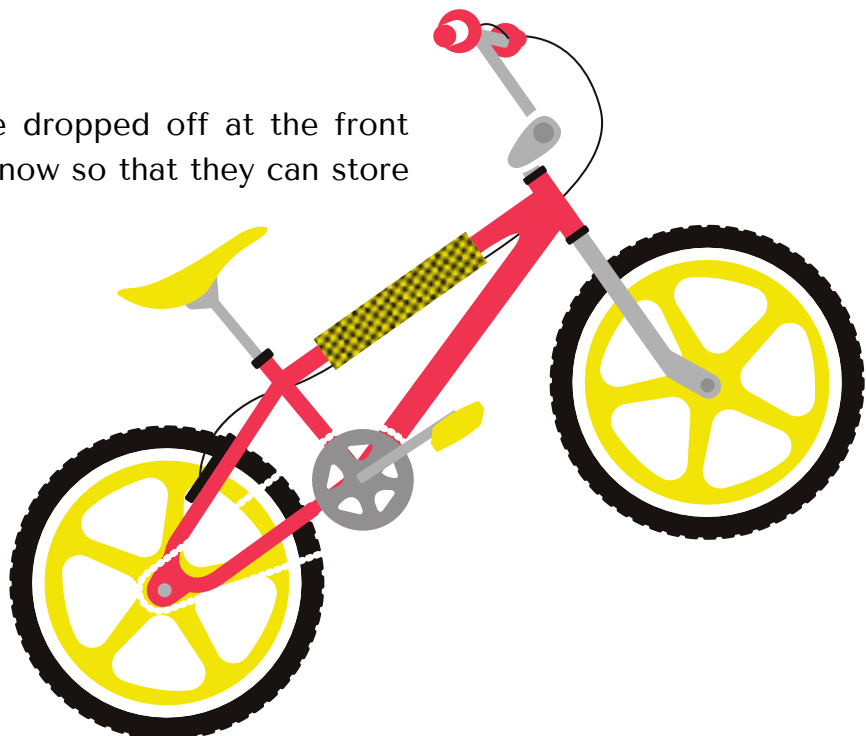
DONATIONS WANTED FOR PUBLIC SERVICE PROJECT

Have an old bike you no longer need? For my school public service project, I will be cleaning and restoring old bikes (even those that have grown rust) and then donating them to the Reno Bike Project.

I will be glad to accept any bikes that you want to donate.

My email is w.powell@hdmsreno.com

If you would like to donate a bike, it can be dropped off at the front door of the school. Please let the front desk know so that they can store it safely until I can get it.



TEAM BUILDING DAY AT THE PARK

The adolescents had a fun day at the park, team building and getting to know each other.



AFTER SCHOOL ACTIVITIES

SOCCER SHOTS (PRIMARY)

HIGH DESERT MONTESSORI: FALL '23 SEASON

Dates: 9/12/23 — 12/5/23 (Tuesdays, 10 SESSIONS)
(No Class 10/3, 10/17, 11/21)

Ages: 3-6

Time: 3:30p (children not in afterschool care); 4:05p
(children in afterschool care)

Cost: \$160 (+\$30 registration fee covers Fall '23
through Summer '24)(split payment available)

Enroll Here: <https://reno.soccershots.com/hdms>



ART CLASSES (PRIMARY & LOWER EL)

A poster for 'Art Class with Ms. Sunny'. It features a collage of art supplies including paint tubes, brushes, and a palette. The text is as follows:

**Art Class
with
Ms. Sunny**

CLASS FOR LOWER
ELEMENTARY AND
PRIMARY CHILDREN
3:45-4:30

**Cost: \$18
per class or
\$85 for 5
weeks**

**Email Ms.
Sunny to
join!**

CLASSES START AUGUST 29 SUNNY@HDMsRENO.COM

Primary: Thursdays
starting August 31
from 3:45-4:30

Lower El: Tuesdays
starting August
29th from 3:45-4:30

PRIVATE IN SCHOOL MUSIC LESSONS

To register, visit www.pacificmistmusic.com



PACIFIC MIST MUSIC
GENERATING REVENUE, JOBS & MUSIC EDUCATION FOR PRIVATE & CHARTER SCHOOLS

Working with High Desert Montessori School
Beginning to Advanced in-School Music Lessons

Piano Lessons	Guitar / Ukulele Lessons	Violin Lessons
		

Dear Parents

Pacific Mist Music is offering an outstanding music program for the students of High Desert Montessori School. Enrolled in the program, your child will receive 30 minute private instruction weekly offering piano, guitar or violin. Weekly lessons will be taught at High Desert Montessori School.

The music teachers of Pacific Mist are seasoned professional musicians with many years of teaching & performance experience. Our teachers are excellent for students of all ages, keeping your child interested and excited about music.

A portion of your lesson payment is donated to High Desert Montessori School which provides funding for general music classes for all students of High Desert Montessori

Cost per lesson is \$30 per lesson. Pacific Mist bills monthly by e-mail with Auto Pay. If instruments are needed, Pacific Mist can help with violins rentals, guitar, keyboard or piano purchases. Contact Steve Pfister for details. 324-1445

Register on the web at PacificMistMusic.com



Available lesson times are scheduled on a first come basis and they fill quickly..

STEP INTO MUSIC CLASSES (PRIMARY)

Music class with Mr. Steven will be held on Mondays at 3:30 starting September 11th. \$60 a month
Email Steven.stepintomusic@gmail.com with the following information to sign up.



Step Into Music Registration/Current Information Form

Child's Name: _____ Birthdate: _____

2nd Child's Name: _____ Birthdate: _____

Parent's Name(s): _____

Address: _____ City _____ Zip _____

Email Address: _____

Phone Number _____

YOGA CLASS (5-8 YEAR-OLDS)

YOGA

Sept. - Oct.
Yoga Session
Sept. 7 - Oct. 26

HDMS Library
Yoga Mats Provided
"Trilingual" Classes:
English/Spanish/Sanscrit

<https://forms.gle/16sn7BvRWAUxtrm58>

Children's Yoga

(5- to 8--year-olds)
Thursdays 3:30-4:20 pm

Stretch & Flow

(Adult-paced class)
Fridays 3:30-4:30 pm

Alegria.A.Day@gmail.com

KellyB@HDMSReno.com

GIRLS ON THE RUN (GIRLS 3RD-8TH GRADE)

<https://www.girlsontherunsierras.org/3rd-5th-grade-program-details>

Space is limited. The first session will begin 8/28 @ 3pm. If you have any questions, please contact Lisaj@hdmsreno.com



Girls on the Run Sierras

Girls on the Run is a **character-building program** for girls in 3rd-8th grade. In this program, girls learn about friendship, kindness, and emotional wellness.

Important Season Dates:

- **June: Girl Registration opens**
- **Week of August 28th: Program starts**
- **September 8th: Girl registration closes (or until teams are full)!**
- **November 18th: Celebratory 5K at Reno High School**

Prices:

Full Pay: \$225
Partial Scholarship: \$95
Full Scholarship: \$35



To learn more, or register your girl, scan this QR code!



Check out this video all about the GOTR program!



CHALLENGE ISLAND FALL BREAK CAMP

www.challenge-island.com/reno-sparks-nv/



Because you can never have enough slime! Introducing a brand new ooey, gooeey, squishy, squashy slime-drenched camp extravaganza! Learn the science behind the slime while you make tons of different kinds of the addictively playful polymer - we've got you and your tribe covered (in slime, that is!). Don't miss out on this Challenge Island Bestselling Camp!



SLIMETOPIA CAMP

FALL BREAK CAMP

When: October 2-6

Time: 9am-4pm (8:30 early drop-off and 4:30 late pick-up available)

Location: High Desert Montessori School

More Info/Register:

<https://login.challenge-island.com/eventDetail.php?record=21655>

Questions: Contact Megan Cargile at 775-813-2411 or mcargile@challenge-island.com

