



HDMS WEEKLY NEWSLETTER

A MESSAGE FROM OUR PRINCIPAL/DIRECTOR, MR. ERIC

Student-led parent-teacher conferences are an important part of the communication process between school and home. This has been a great opportunity for you to speak to your teachers about the school, your child's progress, and what's going on in classes. Unlike the Washoe school district, we hold conferences twice a year, once in the fall which is this week, and again in the spring during the week of March 18-22. If you haven't been able to make the time to meet with your child's teacher, please reach out to them and look for a time in the next week when you can discuss your child's progress. This is an important part of what we do.

Thank you for your continued support of High Desert Montessori.

Sincerely,
Mr. Eric



UPCOMING EVENTS

- 10/16/23-10/20/23: CONFERENCE WEEK- 2-HOUR EARLY RELEASE ALL WEEK
- 10/19/23: 5:30 PTO MEETING
- 10/21/23: 11:00-2:00 FALL FESTIVAL
- 10/25/23: 5:00 HDMS BOARD MEETING
- 10/26/23: 5:30 NNLC LITERACY NIGHT
- 10/27/23: NEVADA DAY - NO SCHOOL
- 10/30/23: 3:30 SAFETY TEAM MEETING
- 11/1/23: TWO HOUR EARLY RELEASE
- 11/2/23: 5:00 ADOLESCENT HIGH SCHOOL CHOICE NIGHT
- 11/10/23: VETERAN'S DAY - NO SCHOOL
- 11/13/23: 3:30 GREEN TEAM MEETING
- 11/14/23: 10:00 RUBY BRIDGES WALK TO SCHOOL DAY
- 11/15/23: MONTESSORI THROUGH MY EYES
- 11/16/23: 5:30 PTO MEETING
- 11/17/23: 9:00 2ND CUP OF COFFEE WITH ADMIN
- 11/20/23-11/24/23: THANKSGIVING BREAK - NO SCHOOL
- 11/29/23: 5:00 HDMS BOARD MEETING
- 11/30/23: 4:30 NNLC LITERACY NIGHT



A MESSAGE FROM OUR ASSISTANT PRINCIPAL, MISS KALEIGH

What Bullying is and is Not?

In a school setting, Bullying is a commonly used word to describe a variety of mean behavior.

Bullying is defined as:

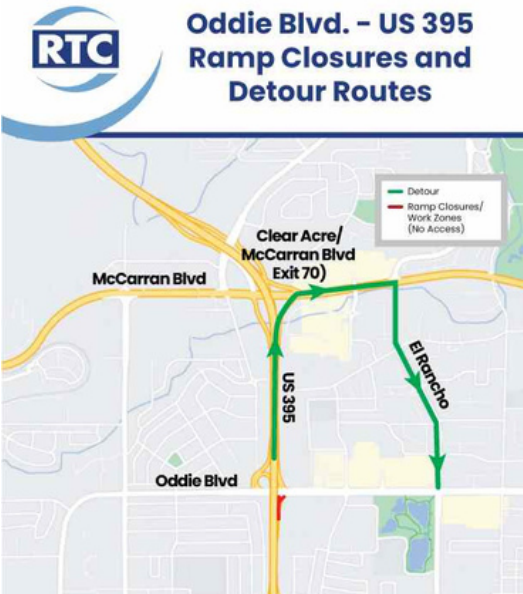
- The repeated actions or threats of action directed toward a person by one or more people
- A power imbalance
- Intention to cause harm



It is important to distinguish bullying from other unkind, mean or harmful behavior. Calling someone a name or pushing someone once, being rude or having an argument with someone is not bullying.

More information can be found [here](#).

ODDIE EXIT CLOSURE



Attention!

The Northbound I-580 Exit at Oddie Boulevard will be closed the following dates & times:

- Monday 10/23/23 from 6AM-11AM
- Tuesday 10/24/23 from 6AM-11AM
- Monday 10/30/23 from 6AM-11AM
- Tuesday 10/31/23 from 6AM-11AM
- Wednesday 11/1/23 from 6AM-11AM
- Thursday 11/2/23 from 6AM-11AM
- Friday 11/3/23 from 6AM-11AM



Please allow extra time for the detour if you drive north on I-580 to arrive at HDMS in the mornings.

FREE BREAKFAST & LUNCH MENU

Our full breakfast and lunch menu can always be found on our website at <https://www.hdmsreno.com/free-school-lunch-breakfast/>

Please notify the front desk and your child's teacher if you anticipate a tardy and need a hot lunch ordered. If no order has been placed in advance, the cutoff time for ordering a hot lunch is 10:00AM.

23 Belgian Waffle w/ Organic Agave Syrup, Fruit & Milk	24 Fruit & Cream Overnight Oats & Milk	25 French Toast Casserole w/ Fruit & Milk	26 Quesadilla w/ Fruit & Milk	
Cheese Ravioli w/ Marinara Sauce (vegetarian) w/ Fruit & Milk	Beef Tacos (Veg. Option is Refried Bean Taco) w/ Fruit & Milk	Cheese Pizza w/ Fruit & Milk	Chicken Drumsticks & Veggie Rice w/ Fruit & Milk (veg. option Chickpeas Stew)	
30 Belgian Waffle w/ Organic Agave Syrup, Fruit & Milk	31 Fruit & Cream Overnight Oats & Milk	1 French Toast Casserole w/ Fruit & Milk	2 Quesadilla w/ Fruit & Milk	3 Yogurt parfait w/ Granola & Fruit plus Milk
Spaghetti w/ meat sauce (veg. option Marinara) w/ Fruit & Milk	Chicken Quesadilla (Veg. Option is Cheese Quesadilla) w/ Fruit & Milk	Veggie Pizza (Vegetarian) w/ Fruit & Milk	Cheese enchiladas (Vegetarian) w/ Fruit & Milk	Toasted Turkey & Cheese Sandwich (Veg. Option is Cheese Sandwich) w/ Fruit & Milk

FAMILY READING NIGHT

NNLC Family Reading Night
October 26, 2023 at 5:30
Sign up [here](#).

Family Reading Night

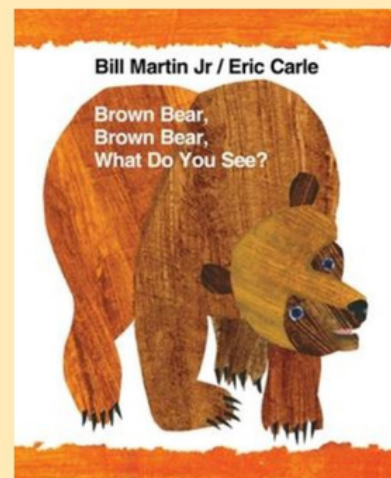
High Desert Montessori Library

October 26, 2023 at 5:30pm



Join us for story time,
activity, and a take
home bag.

Scan the QR code to sign up;



For More Information Contact:

Jamie Astor,
Family Reading Program Coordinator
775-356-1007
JamieA@nnlc.org

Brought to you by
Northern Nevada Literacy Council
Family Reading Program



BELL SCHEDULE REMINDER!



Happy Nevada Day!

No School October 27, 2023

There will be no school
on October 27, 2023 in
observance of Nevada
Day. Enjoy your three-
day weekend!

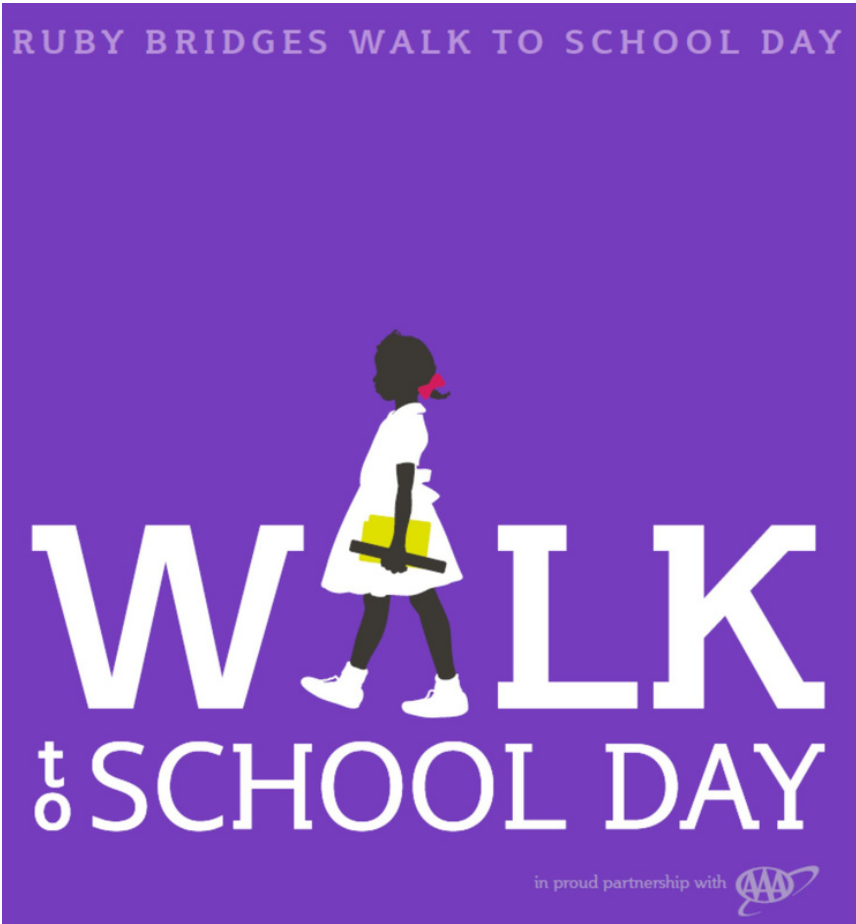
RUBY BRIDGES WALK TO SCHOOL DAY NOVEMBER 14TH

Six-year-old Ruby Bridges stepped into the history books in 1960 when she integrated William Frantz Elementary School in New Orleans, becoming a national icon for the civil rights movement. Ruby is alive today and 69 years old.

Today her story continues to inspire the next generation of leaders to end racism together—One step at a time.

On Tuesday, November 14, 2023, all of HDMS will be gathering in the school parking lot at 10:00 AM. We will walk around the block from Fantastic Drive to Cannan Street to Silverada Blvd. We will be wearing purple and we have flags and banners to bring awareness to Ruby Bridges' contribution to civil rights and the relative recency of desegregation of schools.

The students at Rita Cannan Elementary will be joining us on the walk!



HIGH SCHOOL CHOICE NIGHT NOVEMBER 2ND



Adolescent Families- Come learn about the many incredible choices for high school in our area!

Representatives will be onsite from several WCSD Schools as well as Local Charter High Schools:

- Academy of Arts, Careers and Technology (AACT) - WCSD
- Academy for Career Education (ACE) - Charter School
- Alpine Academy College Prep High School - Charter School
- Coral Academy of Science High School - Charter School
- Damonte Ranch High School - WCSD
- Encompass Academy - Charter School
- TMCC High School - WCSD

NOTES FROM THE PTO

Fall Festival

Food | Prizes | Games

21
October

**HDMS
Campus**
101 Fantastic Drive



Scan the QR code to volunteer!

Fall Festival is this Saturday October 21st! 11:00 AM - 2:00 PM. Come enjoy games, prizes, snacks, and fun! Costumes encouraged.

We still need help putting the event together so please get your volunteer hours in by volunteering time or items to the Fall Festival. You can use this link to sign up. You'll see the list once you RSVP yes (even if you can't make it, you can still donate items).

Our 50/50 raffle is live! \$50 per ticket for a chance to win \$5,000! Use this link to buy as many tickets as you'd like.

School calendars are still for sale! Click here to order \$35 each. If you've ordered a calendar, but haven't received it yet please contact us at pto@hdmspto.com

Upcoming PTO Events

- PTO Meeting via Zoom (click here to join Zoom meeting) 5:30 PM - 6:30 PM Thursday October 19th
- Fall Festival October 21st 11:00 - 2:00 PM
- Brews and Bites February 24th
- Spring Picnic May 19th

50/50 RAFFLE

The PTO is selling raffle tickets for our 50/50 raffle. We have 200 tickets available at \$50 per ticket. You can buy as many tickets as you'd like.

GRAND PRIZE

\$5,000

Scan the code to buy tickets!

Keep in touch with all PTO events/activities by visiting us on [Facebook](#), on [our website](#) or by joining our [GroupMe chat](#). Our GroupMe chat is a great place to help rideshare to/from school, especially on those early release or snow days, or to coordinate playdates, and just ask questions about the school/upcoming events.

NOTES FROM THE GREEN PARENTS GROUP

Look for the Green Parents Costume Exchange at the Fall Festival this Saturday October 21st! 11:00 AM - 2:00 PM.

Bring your gently used Halloween attire and pick up something new to you!



BRING US YOUR LEAVES!

BRING US YOUR LEAVES!

Leaves blowing through your yard? Want to give them a second life? Bag them up and bring them to the garden and we will compost them into next year's soil!

*Leaves must be clean and free of pet waste, trash & branches.

NOTES FROM THE JEDI COLLABORATIVE



HDMS & the JEDI Collaborative recognize and celebrate diversity in our school and community to foster cultural awareness, promote mutual understanding and respect, and provide role models for all students. We value the many cultures, ethnicities, national origins, socio-economic backgrounds, family structures, genders, sexual orientations, ages, religions, abilities, political views, and other perspectives that are represented in our school community. Learning and work environments are enriched and improved by the contributions, perspectives, and presence of diverse participants and views.

October is Learning Disability and Dyslexia Awareness Month

Approximately 1 in 5 people is dyslexic. That's 20% of our population. Even more people learn with differences such as dysgraphia, dyscalculia, executive function challenges, ADHD, and more. Recent efforts to celebrate the skills and advantages that being a dyslexic thinker with learning differences include:

- LinkedIn has added #DyslexicThinking as a skill on their profiles.
- Dictionary.com has added the following definition to their digital dictionary:

dyslexic thinking

[dis-lek-sik thing-king] [SHOW IPA](#)  

noun

1. an approach to problem solving, assessing information, and learning, often used by people with [dyslexia](#), that involves pattern recognition, spatial reasoning, lateral thinking, and interpersonal communication.

This learning disabilities and dyslexia awareness month and always, our JEDI committee and HDMS community supports and celebrates our amazing students, teachers, parents, and community members who bring unique ways of learning and thinking to our school and world.

[Click here](#) to learn more about this special awareness month.

Definition of the Week

Ableism: Ableism is a set of beliefs or practices that devalue and discriminate against people with physical, intellectual, or psychiatric disabilities and often rests on the assumption that disabled people need to be 'fixed' in one form or the other.

Source: [Center for Disability Rights](#).

Next JEDI Community Meeting (change of date)

We had a wonderful turnout at our October meeting. Over 20 people attended! Mark your calendars. We would love to see you at the meeting on December 6th from 4:15-5:15 pm. Please fill out [this survey](#) if you are interested in attending or getting involved.

Maria Montessori was a JEDI

Montessori provides young children with a unique opportunity, the early exposure to the concept that children around the world are different but the same. A Montessori teacher is aware of the importance of having multicultural books and posters in the classroom. Cultural celebrations and explorations are a regular part of the Montessori classroom. These experiences instill a respect and appreciation for differences.

VOLUNTEERS NEEDED!

We are looking for several parent volunteers to help in elementary classrooms for one hour (1:45-2:45) on the following days so that the classroom assistants can attend a training:

10/24/23, 11/28/23, 12/19/23, 1/23/24, 2/20/24,
3/12/24, 4/23/24, 5/21/24

Volunteers
needed

PRIMARY PROGRAM FUNDRAISER

mabels labels
FUNDRAISING

SUPPORT OUR
FUNDRAISER

20%
OFF



Kids' Sports & Activity Labels

Stock up on extra labels for all the extracurriculars!

Go to campaigns.mabelslabels.com
and choose our organization from the list!



The Primary Program is partnering with Mabels Labels this year to raise funds for their program.

You can now get 20% OFF on ALL KIDS SPORTS AND ACTIVITY LABELS

Please visit this link:
campaigns.mabelslabels.com and search for "HDMS Primary Program" to find and support the fundraiser.
HAPPY SHOPPING!

LUNCH POUCHES FOR SALE

Lunch Pouches Are Back!

HDMS is asking students to bring their own utensils, so a couple of adolescents are here to help make your life easier, and stop spaghetti hands!

Pouch includes:

- One tie-dye cloth napkin (dyed by students)
- One fork and one spoon
- A personalized, easy-to-clean waterproof pouch to hold the items



The lunch pouch costs \$10 (an additional \$5 for mini utensils). An added donation would also be greatly appreciated!

(Robin@hdmsreno.com to order).

Thank you for supporting our business and school! Order form [here](#).

PRIMARY PROGRAM

TOQUIMA CLASSROOM

Toquima students in action and concentration



LAHONTAN CLASSROOM

Lahontan has welcomed two new friends! Guinea Pig 1 and Guinea Pig 2 (names have not yet been determined) are already well-loved and part of our community. The guinea pigs' favorite work in the classroom is eating delicious, fresh, and crunchy vegetables.



Thank you to Kennedy and family for the mini trampoline! Bouncing is a beneficial movement break. We deeply appreciate your generosity.

ADOLESCENT LEVEL

EXPLORING WASHOE COUNTY CREATIVE EXPRESSION CLASS

Exploring Washoe County creative expression takes a trip to Ferrari Farms.



GIRLS ON THE RUN

The Girls on the Run team had a great week talking about the qualities we look for in friends and what qualities we bring to our friendships.



YOGA CLASS

YOGA

Nov. & Dec.
Yoga Session
Nov. 2 – Dec. 14

HDMS Library
Yoga Mats Provided
"Trilingual" Classes:
English/Spanish/Sanscrit



<https://forms.gle/adx2x6qhauDmXgzTA>



Children's Yoga

(5- to 8--year-olds)

Thursdays 3:30-4:20 pm

Stretch & Flow

(Adult-paced class)

Fridays 3:30-4:30 pm

Alegria.A.Day@gmail.com

KellyB@HDMSReno.com

Chess Wizards

Chess Wizards for students grades K-5 will begin again next week. Sign up by visiting www.chesswizards.com selecting "Nevada" and then choosing "(Nevada: Reno) High Desert Montessori School (89512)"





**SIGN UP TODAY
FOR THE COOLEST
CHESS
CLASS
ON THE PLANET***

REGISTER NOW!
www.chesswizards.com

*WE CAN ONLY VOUGH FOR PLANET EARTH

Your brain is your super power

Are you ready to use it? Join the Chess Wizards community today for fun, friendship and some serious chess skills. All experience levels welcome!

Class information

School Name: **High Desert Montessori School**

Dates: **10/24, 10/31, 11/7, 11/14, 11/28, 12/5**

NO CLASS ON: **11/21**

Class Day and Time: **Thursday 3:20-4:20pm**

Ready to make new friends and
amaze your parents?

Join Chess Wizards this year for challenging chess lessons, exciting tournaments, fun, team activities, and more! If you're brand-new to chess, we'll teach you the basics and get you playing right away. If you're a seasoned checkmate artist, we'll show you new ways to let your creativity show on the chess board.

Total# of Classes: **6**


Grades: **K-5**

Price: **\$96**

Register Today At www.chesswizards.com!

Paper checks are not accepted, Online registration only.

REGISTER NOW!





Can't find a day and class time that fits your family's schedule?

Check out Chess Wizards Online!

Same exciting curriculum, now available online! Visit our website: chesswizards.jumbula.com

 Private lessons and groups

 Tactics, strategies, and puzzles

 Safe and secure



Register at:
www.chesswizards.com



Call Us at:
+1 866-949-4386