



# HDMS WEEKLY NEWSLETTER

## A MESSAGE FROM OUR PRINCIPAL/DIRECTOR, MR. ERIC



I received some sad news earlier this week about one of our own. HDMS grandparent, longtime substitute, volunteer, and middle school creative expression teacher, Mr. Mike Patterson passed away this week.

Mike had a long career teaching mostly high school, as well as being a Pastor in the Lutheran church. Later in life, he fell in love with Montessori education and with our school.

Mike was always a smiling face and a wonderful person to have around. He cared very deeply for children and will be missed by all. The HDMS community sends our deepest condolences to Mike's family.

Sincerely,  
Mr. Eric

## UPCOMING EVENTS

- 11/10/23: VETERAN'S DAY - NO SCHOOL
- 11/13/23: 3:30 GREEN TEAM MEETING
- 11/14/23: 10:00 RUBY BRIDGES WALK TO SCHOOL DAY
- 11/15/23: MONTESSORI THROUGH MY EYES (BY APPOINTMENT)
- 11/16/23: 5:30 PTO MEETING
- 11/17/23: 9:00 2ND CUP OF COFFEE WITH ADMIN
- 11/20/23-11/24/23: THANKSGIVING BREAK - NO SCHOOL
- 11/29/23: 5:00 HDMS BOARD MEETING
- 11/30/23: 4:30 NNLC LITERACY NIGHT
- 12/6/23: 4:15 JEDI COLLABORATIVE MEETING
- 12/7/23: 4:30 MUSIC RECITAL (PACIFIC MIST PRIVATE MUSIC STUDENTS)
- 12/8/23: 6:00-8:00 HDMS WINTER FAMILY DANCE
- 12/14/23: 5:30 PTO MEETING
- 12/18/23-12/21/23: SPIRIT WEEK
- 12/20/23: HDMS WORLD EXPO
- 12/22/23: STAFF WORK DAY - NO SCHOOL
- 12/25/23-1/5/23: WINTER BREAK - NO SCHOOL



A MESSAGE FROM OUR ASSISTANT PRINCIPAL, MISS KALEIGH

What are the Great Lessons?



The Great Lessons are exciting, engaging stories given to Elementary students. The purpose of the Great Lessons are to designed to spark students' imagination and curiosity. The Great Lessons are usually given to students in the first few .months of school.

There are 5 Great Lessons

The First Great Lesson: The Creation of the Universe.

The Second Great Lesson: The Coming of Life.

The Third Great Lesson: The Story of Humans.

The Fourth Great Lesson: The Story of Communication.

The Fifth Great Lesson: The Story of Numbers.

CODE RED

Wednesday, HDMS conducted a "Code Red" drill. This is a drill where we simulate a security threat inside the building. Teachers discussed the process with their children in developmentally appropriate terms before the drill. The process starts with me announcing the drill over our public address system. Teachers lock their doors, turn off the lights, and children sit quietly in a corner until the drill is completed while teachers report their attendance. The entire process took 7 minutes and 5 seconds and went very smoothly.

State Law requires us to hold one fire drill per month, two "Code Red" drills, two "Code Yellow" drills, and one earthquake drill per year. A "Code Yellow" is a security threat in the neighborhood or some event that requires children and classes to stay in rooms with doors locked. This could even be used in a medical emergency where we just need space. All training and guidance on drills are facilitated through the help of the Washoe County School District's Office of Emergency Management.

Our number one priority in all situations is to ensure the safety of our students, staff, and volunteers. Thank you for supporting us in these efforts.

FREE BREAKFAST & LUNCH MENU

Our full breakfast and lunch menu can always be found on our website at <https://www.hdmsreno.com/free-school-lunch-breakfast/>

6 Belgian Waffle w/ Organic Agave Syrup, Fruit & Milk	7 Fruit & Cream Overnight Oats & Milk	8 French Toast Casserole w/ Fruit & Milk	9 Quesadilla w/ Fruit & Milk	10
Pesto Chicken Pasta (Veg. option is Pesto w/veggies) w/ Fruit and Milk	Bean & Cheese Burrito (Veg.) w/ Fruit & Milk	Pepperoni (Vegetarian) w/ Fruit & Milk	Mac & Cheese w/ Fruit & Milk	
13 Belgian Waffle w/ Organic Agave Syrup, Fruit & Milk	14 Fruit & Cream Overnight Oats & Milk	15 French Toast Casserole w/ Fruit & Milk	16 Quesadilla w/ Fruit & Milk	17 Yogurt parfait w/ Granola & Fruit plus Milk
Cheese Ravioli w/ Marinara Sauce (vegetarian) w/ Fruit & Milk	Beef Tacos (Veg. Option is Refried Bean Taco) w/ Fruit & Milk	Cheese Pizza w/ Fruit & Milk	Chicken Drumsticks & Veggie Rice w/ Fruit & Milk (veg. option Chickpeas Stew)	Tuna Salad Sandwich (veg option is Cheese Sandwich) w/ Fruit & Milk



# ILLNESS SCREENING TOOL

As the weather gets colder, and we all spend more time inside, cold and flu season is upon us again. Please refer to our Daily Illness Screening Tool if you have any questions about your child's attendance at school due to illness.



## Illness Screening Tool

**If you are not feeling well, stay home and seek care as needed.**

If you have questions, contact your school nurse or healthcare provider.  
To report an absence, call your school or use the Infinite Campus Absence Request tool.

**If you have any new or unusual symptoms of illness...**

- ▶ **Do NOT go to school/work.**
- ▶ **Communicate with your school/supervisor.**  
Parents may contact the school with exclusion-related questions.
- ▶ Seek care from your healthcare provider, if needed.
- ▶ If you experience any new symptoms, check this tool.

**and follow instructions below for specific signs and symptoms.**

One or more of the following:

**Fever** (temperature  $\geq 100.4^{\circ}\text{F}$  at rest)  
**Vomiting**  
**Diarrhea**

- ▶ **STAY at home until you have been free of fever, vomiting, and diarrhea for 24 hours without the use of symptom-reducing medication.**  
(The 24 hour time period may be extended if illnesses are spreading in a classroom or school. Such information will be communicated to families.)

**Undiagnosed skin rash**

- ▶ **Rash has resolved -or-**
- ▶ **Healthcare provider statement indicates that the rash is not contagious.**

**Yellow or greenish drainage from eyes, nose, or ears**

- ▶ **Drainage has resolved -or-**
- ▶ **Provide proof of antibiotic treatment for prior 24 hours.**

**Positive for COVID-19 test (home or laboratory test)**

- ▶ **ISOLATE at home until all 3 conditions are met:**
  - (1) **5 days have passed since symptoms began,**
  - (2) **No fever/diarrhea/vomiting in last 24 hrs** without medicine, and
  - (3) **Other symptoms are improving.***Eligible to return on day 6, if 3 conditions above are met.*
- ▶ **Wear fitted mask around others for next 5 days.**  
*If you are not able or willing to wear a well-fitting mask, remain isolated at home for 10 days. You may return on day 11, if symptomatic conditions above are met.*
- ▶ **For moderate** (difficulty breathing) **or severe illness** (hospitalization), **talk with healthcare provider and consider isolating through day 10.**

**Sore throat**

- ▶ **As long as you do not experience symptoms listed above, return when symptoms have improved.**

**Mildly ill and unable to participate in normal school activities.**

*We hope you feel better soon and look forward to seeing you in class.  
Eat well. Sleep. Wash your hands.*

## RUBY BRIDGES WALK TO SCHOOL DAY NOVEMBER 14TH

Six-year-old Ruby Bridges stepped into the history books in 1960 when she integrated William Frantz Elementary School in New Orleans, becoming a national icon for the civil rights movement. Ruby is alive today and 69 years old.

Today her story continues to inspire the next generation of leaders to end racism together—One step at a time.

On Tuesday, November 14, 2023, all of HDMS will be gathering in the school parking lot at 10:00 AM. We will walk around the block from Fantastic Drive to Cannan Street to Silverada Blvd. We will be wearing purple and we have flags and banners to bring awareness to Ruby Bridges' contribution to civil rights and the relative recency of desegregation of schools.

The students at Rita Cannan Elementary will be joining us on the walk!



## FAMILY READING NIGHT NOVEMBER 26TH

# FAMILY STORYTIME



## HIGH DESERT MONTESSORI SCHOOL

**November 30, 2023 at 4:30pm**  
In the Library

Join us with your children as we read The Three Bears and enjoy a fun activity. We will give out a bag full of goodies to all families.

**REGISTRATION IS REQUIRED.**  
**SCAN THE QR CODE TO SIGN UP**



**For More Information Contact:**  
Jamie Astor  
Family Reading Program Coordinator  
JamieA@nnlc.org  
775.356.1007

Brought to you by:  
Northern Nevada Literacy Council  
Family Reading Program



NNLC Family Reading Night is tonight, November 26, 2023 at 5:30 Sign up [here](#).



## FAMILY DANCE DECEMBER 8TH

Purchase  
Family Dance  
tickets [HERE](#)



SCAN ME



# HDMS WINTER FAMILY DANCE!

**ALL AGES ARE WELCOME!  
DESSERT & PHOTO INCLUDED!**

 PLEASE BRING  
YOUR OWN  
WATER  
BOTTLES!

**FRIDAY, DECEMBER 8, 2023  
6:00–8:00 PM  
\$10 PER PERSON**

[HTTPS://WWW.EVENTBRITE.COM/E/HDMS-WINTER-FAMILY-DANCE-TICKETS-749980079607?AFF=ODDTDTCREATOR](https://www.eventbrite.com/e/hdms-winter-family-dance-tickets-749980079607?AFF=ODDTDTCREATOR)

## DONATIONS NEEDED!

Miss Mary has launched a Donor's Choose campaign to buy Social Emotional Learning materials for our school. The books and materials related to self-regulation, communicating emotions, self-esteem, and character building will guide me in teaching our most important members of society how to identify, regulate, and cope with the daily stressors/experiences that impede them from learning in a school setting.

The campaign is 3/4 of the way funded and needs just \$279 more to reach the goal. If funded, our school will receive \$1000 worth of SEL materials! There are just a few days left to donate. PLEASE help if you can! [LINK](#)

# DONORS CHOOSE

**DONATE**



# Trans Youth Support Group



## TRANS YOUTH SUPPORT GROUP P2P

Weekly Meetings



Open to all trans, nonbinary, and gender nonconforming youth. Open discussion and drop-in based. Supervised. Under 18.

When:Thursdays @ 5-6pm  
Where: Our Center 1745 S. Wells Ave, Reno NV 89502.  
If you are interested in going, Please email Ms. Mary and she will email back a permission slip, drop-off and pick-up guidelines as well as answering questions. -mary@hdmsreno.com

## NOTES FROM THE PTO

There is still time to get your tickets for our 50/50 raffle! \$50 per ticket for a chance to win \$5,000! Use this link to buy as many tickets as you'd like to increase your odds.

- Upcoming PTO Events
- PTO Meeting via Zoom (click here to join Zoom meeting) 5:30 PM - 6:30 PM Thursday November 16th
  - Brews and Bites February 24th
  - Bocce Ball February (date TBA)
  - Spring Picnic May 19th

Keep in touch with all PTO events/activities by visiting us on Facebook, on our website or by joining our GroupMe chat. Our GroupMe chat is a great place to help rideshare to/from school

# 50/50 RAFFLE

The PTO is selling raffle tickets for our 50/50 raffle. We have 200 tickets available at \$50 per ticket. You can buy as many tickets as you'd like.

**GRAND PRIZE**

## \$5,000

Scan the code to buy tickets!



## NOTES FROM THE GREEN PARENTS



Did you ever think about how aluminium is recycled? You probably treat BEVERAGE CANS just like anybody else, crushing them to the smallest possible, for fun and to reduce their volume in your trash bin. But think twice! Here in Nevada, we have single-stream recycling where all materials end up in the same blue bin and get sorted at a facility. Sounds easy enough, but it is not. Crushed aluminium cans do not have a clear shape, and therefore the sorting machine will probably not recognize them ([EPA](#)). So, all your efforts of reducing volume and separating will still dump cans into landfill. Which means: NO MORE CRUSHING CANS! Give cans a chance so they can ride the recycling-merry-go-round indefinitely!

## NOTES FROM THE JEDI COLLABORATIVE

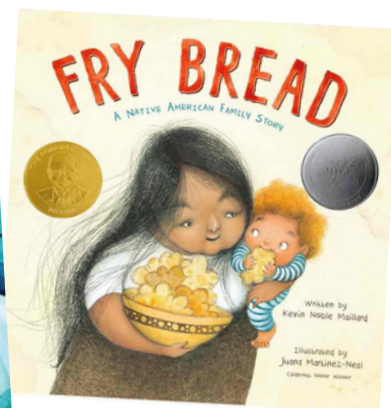
### ★NATIVE AMERICAN AND ALASKA NATIVE HISTORY MONTH ★

"November is Native American Heritage Month, where we learn about and celebrate the rich history and culture of the Native American and Alaska Native people." [Reading Rockets](#)

[Booklist \(click here\)](#) - This is a critically reviewed selection of multicultural and social justice books for children, young adults, and educators.

Read Alouds for Younger Children:

- [Fry Bread \(click here\)](#)
- [We Are Water Protectors \(click here\)](#)



Come to the JEDI meeting on December 6th to explore how to create an acknowledgment.

### ★DEFINITION OF THE WEEK ★

**Culture:** A social system of meaning and custom that is developed by a group of people to ensure its adaptation and survival. These groups are distinguished by a set of unspoken rules that shape values, beliefs, habits, patterns of thinking, behaviors, and styles of communication. Racial Equity Tools

### ★MARIA MONTESSORI WAS A JEDI ★

"Maria Montessori spoke at length about the importance of a child's connection to nature and our responsibility as humankind to become citizens of the world. She believed so much in the value of a child's connection with the natural world that she even referred to adolescents as "land-children," who, when given the appropriate access to the Earth and its resources, could harness the power of important scientific, historic, and social knowledge ([Montessori, p. 68](#)). There is no better representation of this symbiotic partnership with the Earth and its resources than that which lies with Indigenous peoples." [MontessoriLife AMS](#)



### ★MARK YOUR CALENDAR ★

- Ruby Bridges Walk to School Day: Tuesday, November 14th from 10-11 am. Come walk with us!
- JEDI Collaborative Meeting: December 6th from 4:15-5:15 pm. Please fill out [this survey](#) if you are interested in attending or getting involved.



ELEMENTARY LEVEL

RUBY CLASSROOM

Social Studies theme: What can we do to help our community? This week we begin our plans for a school bake sale to raise money for the animal shelter.

Science Theme: We are doing experiments on improving growth of plants and exploring the things necessary to grow.

Math: In addition to the lesson work, students should be working on addition, subtraction, multiplication or division at school everyday.

1st Grade: We are learning prefixes for the geometry shapes.

2nd Grade: We are exploring the different parts of a triangle.

3rd Grade: We are learning about the area and perimeter of irregular shapes by using Lego.

Reading: In addition to reading at home, we should be reading at school everyday(there are some children that are confused about this).

Early Readers: We are reading "Pigs Aplenty, Pigs Galore", "From Anne to Zack", and "Sometimes" and practicing sight words.

Developing Readers: Students will use magnetic letters and create a story using nouns, verbs and adjectives.

Effective Readers: Students will use a literature circle to encourage annotation of important ideas.

Things Needed in Classroom: All of our utensils have been thrown away, taken home, or given to the lunch room. If you would like to send some into the classroom, we would greatly appreciate it.

Montessori through My Eyes

Parents and Guardians, this is your chance to see how your child is learning. Please sign up for a time you and your child are able to attend MONTESSORI THROUGH MY EYES. (It's a time for you and your child to connect, so please do your best to schedule a time for each child). Please put your child's last name in one of the session times. The slots show 3 minute sessions but can take the time you need.

Please feel free to email me with any questions [elena@hdmsreno.com](mailto:elena@hdmsreno.com)

SIERRA CLASSROOM

New class pet! If you would like to help care for our new axolotl, Petco gift cards are a wonderful way to donate! The students will begin the process of choosing a name for our new pet during Thursday's class meeting!



Forks and spoons - I had a class set of silverware at the beginning of the school year. All of our forks are now missing. Please send a fork, spoon, cloth napkins and a reusable water bottle with your child daily as our classroom will no longer be providing these items.

Ask your child about their state research assignment. There has been a lot of excitement for this project!

Be on the lookout for an invitation to Montessori Through my Eyes!



TOIYABE CLASSROOM

Montessori Through My Eyes  
On Wednesday, November 15, you can come and have your child teach you a Montessori lesson. Sign up here: [Montessori Through My Eyes Toiyabe Sign-up](#)

Paiute Art and Culture Class  
We have an opportunity to learn plant identification and art with nature from a Yerington Paiute Tribe member that hosts art expo events. Students will gain knowledge about plants in our region, how to be self-reliant in medicine making, and how to build deeper connections to the land and culture through storytelling. I sent copies of the registration form home with children who are interested. [SAWABE MUHANO](#)

Looking for a Good Deal on Shelves  
Our classroom library book shelves have been VERY well-loved and are looking shabby. If anyone has a lead on one or two tall book shelves (four or five shelves) that are pine-colored from a thrift store or garage sale, please let me know- [elyse@hdmsreno.com](mailto:elyse@hdmsreno.com). If you are able to pick one up for a good price, I will happily reimburse you from our class account.



This size  
→  
← This color



Hannah Beah & Willa making apple sauce!





# GIRLS ON THE RUN

Congratulations to the Girls on the Run team. They completed their 5K practice run on Monday. A big shout out and thank you to Andelin Farms for donating pumpkins to use as our lap counters.



# SINGERS WANTED!

Celebrate the holiday season with High Desert Harmony! HDH is a nonprofit, volunteer-run, women's chorus that welcomes individuals of all ages who identify as female, non-binary, or gender-fluid, regardless of musical training or experience. Join us for rehearsals on Monday, Nov. 13, 20, 27. Dec. 4, and 11 from 6:30 - 7:30 pm. Learn three songs and sing on the HDH Holiday Show on Dec. 16th

Can't come to the first rehearsal? No problem. Come to the next one!

Email [HDHReno@gmail.com](mailto:HDHReno@gmail.com) or visit [www.HighDesertHarmony.net](http://www.HighDesertHarmony.net) for more info and to RSVP.

\*Minors will need to bring a responsible adult or identify a responsible adult who will be present at rehearsal. This adult is welcome to sing as a guest or attend as a chaperone.



HIGH DESERT  
harmony  
CHORUS

2023 Holiday Guest Chorus



HIGH DESERT  
harmony  
CHORUS

Singers Wanted

Mondays | 6:30 - 7:30  
Nov 13 - Dec 11  
4895 S McCarran Blvd  
Reno  
| FREE |