



HDMS WEEKLY NEWSLETTER

A MESSAGE FROM OUR PRINCIPAL/DIRECTOR, MR. ERIC

Welcome back, everyone. I hope you all had a restful and joyous holiday season. It looks like winter has finally arrived and this is a good time to remind everyone about our snow delay and cancellation policies. We rely on Washoe County School District to make the call for delays or closures. We will always reach out by phone message, text, and social media blasts, but you can get the word as quickly as we do by watching the news or checking the WCSD website (www.washoeschools.net) or the WCSD Facebook page.

When school is canceled, this includes all meetings, parent conferences, or any events that are planned that day. There will be no staff at school to take care of children and there will be no meals served. If it's too dangerous for children to come to school, it is also too dangerous for our staff to come to school.

When a 2-hour delayed start is called, morning meetings and conferences are canceled, and breakfast will not be served. There will be no staff on campus to take care of students until 10:20 for Elementary and Middle School, 10:35 for siblings, and 10:40 for primary students. Remember, if 2 hours are needed to make the roads safe for families, we need to make sure the roads are safe for staff as well.

Finally, if roads become unsafe during the school day after school has started, it is possible that we may cancel after-school meetings and aftercare. If this is the case, we will make that decision no later than 1:00 pm and texts, voice calls, and social media blasts will be sent as soon as possible.

Thank you for your understanding and for helping support the safety of our whole HDMS community.

Sincerely,
Mr. Eric

UPCOMING EVENTS

- 1/8/24-2/9/24: PTO CLOTHING DRIVE
- 1/15/24: MARTIN LUTHER KING JR. DAY - NO SCHOOL
- 1/18/24: 5:30 PTO MEETING
- 1/19/24: 9:00-10:00 SECOND CUP OF COFFEE WITH ADMIN.
- 1/24/24: TWO-HOUR EARLY RELEASE
- 1/25/24: 5:30 NNLC LITERACY NIGHT
- 1/29/24: 3:30 SAFETY TEAM MEETING
- 1/30/24: NEW PARENT SEMINARS
- 1/31/24: 5:00 HDMS BOARD MEETING
- 2/12/24: 3:30 GREEN TEAM MEETING
- 2/15/24: 5:30 PTO MEETING
- 2/16/24: STAFF WORK DAY - NO SCHOOL
- 2/19/24: PRESIDENT'S DAY - NO SCHOOL




A MESSAGE FROM OUR ASSISTANT PRINCIPAL, MISS KALEIGH

Positive Discipline and the Plan for Better Choices

Positive discipline methods are used at HDMS to guide children's behavior and support their personal growth. Through positive reinforcement, communication and validation of emotions, children can make constructive choices and problem solve.

The Plan for Better Choices is part of HDMS' positive discipline approach. The Plan is used to address an undesired behavior and to discuss alternative choices that could be made. The Plan also incorporates a restorative approach by allowing the child to be part of the consequence or restoration process.

If a Plan for Better Choices comes home with a child, it is intended to inform the parents/guardian about an undesired behavior that occurred, and the resolution that was chosen. In most cases, the resolution/consequence has already been completed.



High Desert Montessori

My Plan for Better Choices

My Name: _____

The choice I made: _____

When I made that choice, this is what I wanted: _____

Here are three other choices I could have made:

1) _____

2) _____

3) _____

Here is what I will do next time: _____

Parents, please discuss with your child, sign, and return the next day.

Parent/Guardian Signature _____

Date _____

101 Fantastic Drive

RENO, NV 89512

(775) 624-2800

www.hdmreno.com

FREE BREAKFAST & LUNCH MENU

Our full breakfast and lunch menu can always be found on our website at <https://www.hdmsreno.com/free-school-lunch-breakfast/>

8 Belgian Waffle w/ Organic Agave Syrup, Fruit & Milk	9 Croissant w/ Fruit & Milk	10 Breakfast Taco w/ Egg & Cheese w/ Fruit & Milk	11 Quesadilla w/ Fruit & Milk	12 Bagel w/ cream cheese w/ Fruit & Milk
Pesto Chicken Pasta (Veg. option is Pesto w/veggies) w/ Fruit and Milk	Bean & Cheese Burrito (Veg.) w/ Fruit & Milk	Pepperoni or Cheese Pizza w/ Fruit & Milk	Tomato Soup w/ mini grilled cheese w/ Fruit & Milk	Sloppy Joe w/ Fruit & Milk
15	16 Croissant w/ Fruit & Milk	17 Pancakes w/ Fruit & Milk	18 Quesadilla w/ Fruit & Milk	19 Bagel w/ cream cheese w/ Fruit & Milk
	Beef Burrito(Veg. Option is Refried Bean Burrito) w/ Fruit & Milk	Cheese Pizza w/ Fruit & Milk	Crispy Chicken Sandwich on a Bun w/ Fruit & Milk	Toasted Ham & Cheese Sandwich (Veg. Option Cheese Sandwich) w/ Fruit & Milk

MARTIN LUTHER KING JR. DAY

HDMS will be closed Monday
January 15, 2024 in observance of



MARTIN
LUTHER
KING
JR DAY



NNLC FAMILY READING NIGHT

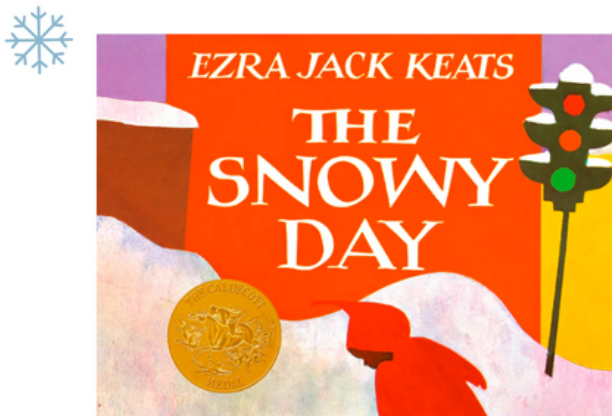


FAMILY STORYTIME

JANUARY 25, 2024

HIGH DESERT MONTESSORI SCHOOL

Join your child as we read *The Snowy Day*. There will be fun activities and a goodie bag to take home!



5:30 PM - 6:30 PM

High Desert Montessori
School

101 Fantastic Drive
Reno, NV 89512

Scan the QR Code to
Sign Up Now!

For More Information, Contact:

Jamie Astor

Family Reading Coordinator

Email: JamieA@nnlc.org

Phone: (775) 356-1007



NOTES FROM THE PTO

50/50 Raffle tickets are selling out! The raffle is NOT limited to HDMS parents/staff so feel free to send out to your family and friends. Tickets are \$50 each with a chance to win a \$5,000 prize. [Click here to get yours now!](#)

The PTO annual SAVERS FUNDrive is in full swing! You can donate gently used clothing, shoes, textiles, and accessories (see picture for more details).

Upcoming PTO Events

- PTO Meeting via Zoom ([click here to join Zoom meeting](#))
5:30 PM - 6:30 PM Thursday January 18th
- Brews and Bites February 24th
- Bocce Ball February (date TBA)
- Spring Picnic May 19th

NOTES FROM THE GREEN PARENTS GROUP

 Aware Animals



Refuse
single use

No!



Rethink
your choices



Reuse
as much as you can



Repair
before you replace



Recycle
all packaging



Rot
all organic

Welcome back! It is exciting to start a new semester, and a brand new year. Many people think about improving their fitness or learning a new skill this time of year. It is also a good time to set goals around living sustainably. Even little changes can make a big impact over time, so pick one action - like starting a compost bin, buying more items in bulk instead of plastic packaging, or driving fewer miles each week - and build it into your routine to make a lasting reduction to your carbon footprint.

For more ideas on lowering your carbon footprint, check out [this article](#) from Columbia Climate School.

AFTER SCHOOL YOGA



Yoga



Children's Yoga

Paced for children ages 5 to 8

Thursdays, 3:30–4:30

January 18 – February 22



- "Trilingual" Classes:
 - English
 - Spanish
 - Sanscrit
- Mindfulness, Emotional Literacy, Music & Drama

Welcome

Adult Yoga

Vinyasa flow paced for adults

Fridays, 3:30–4:30

Just RSVP to Drop In



Suggested
Donation
\$6–\$12

Alegria.A.Day@gmail.com

Children strengthen their bodies, increase flexibility and balance, and explore themes like mindfulness and friendship through music, stories, and games, learning new words in 3 languages: English, Spanish, & Sanskrit. This creative children's yoga class is taught by Kelly Bodtke, HDMS Montessori guide, yoga teacher, and former elementary school general music teacher.

6-Week Yoga Session: \$60 (Financial assistance is available)

Dates: 1/18, 1/25, 2/1, 2/8, 2/15, & 2/22

First time children, please [CLICK HERE](#) TO ENROLL.

Returning students and adults, please email me Alegria.a.day@gmail.com or KellyB@HDMSReno.com.

Namaste

SOCCER SHOTS FOR PRIMARY STUDENTS

SOCCER SHOTS WINTER
SEASON KICKS OFF NEXT
WEEK!

Dates: 1/16/24 – 3/12/24
(Tuesdays, 9 sessions)

Ages: 3-6

Enroll [Here](#)



CHALLENGE ISLAND CAMPS



Spring Break



March 25–29 *Kid's Choice*



April 1–5 *Book Included*

NEW FOR 2024 CAMPS!
HDMS Families enter code: HDMS
for \$10 off registration!

*Spring Break (March
25-29 & April 1-5)
Registration opens
January 1, 2024.*

*Summer (Weekly, June 17
- August 2)
Registration opens
February 1, 2024.*

Register here:

<https://challenge-island.com/reno-sparks-nv/program/camps/>



EARLY BIRD REGISTRATION DISCOUNT
(for Summer Camps only)
Enter Code: EarlyBird2024
**valid 2/1/24 - 3/31/24*