

October 2025

LUNCH MENU CACFP
HIGH DESERT MONTESSORI
SERVING 1-5 YEAR OLDS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		4OZ CHEESY NACHOS 2OZ BLACK BEANS 2OZ FRESH SEASONAL FRUIT 2OZ WG NACHOS 8OZ MILK1	4OZ TURKEY & SUB SANDWICH 2OZ RAINBOW CARROTS 2OZ PINEAPPLE 8OZ MILK2	2OZ BREAKFAST SAUSAGE 2OZ TOMATO AND CORN SALAD 2OZ FRENCH TOAST WW 2OZ ORANGE WEDGES 8OZ MILK3
FALL BREAK6	FALL BREAK7	FALL BREAK8	FALL BREAK9	FALL BREAK10
4OZ MARINARA MEATBALL SANDWICH WW 2OZ LOADED MASHED POTATOES 2OZ BANANAS 8OZ MILK13	2OZ TERIYAKI CHICKEN 2OZ CARROTS 2OZ SLICED APPLES 2OZ WG RICE 8OZ MILK14	4OZ LASAGNA MAC WW 2OZ ITALIAN BEAN SALAD 2OZ FRESH SEASONAL FRUIT 8OZ MILK15	4OZ HOMEMADE COMBO FOCACCIA PIZZA WW 2OZ GREEN BEANS 2OZ PINEAPPLE 8OZ MILK16	4OZ CHICKEN NUGGETS WG 2OZ CAULIFLOWER 2OZ ORANGE WEDGES 8OZ MILK17
4OZ CHILI VERDE 2OZ MEXICAN CORN SALAD 2OZ BANANAS 2OZ RICE WG 8OZ MILK EARLY RELEASE20	4OZ STROGANOFF WW 2OZ CUCUMBER SLICES W/RANCH 2OZ SLICED APPLES 8OZ MILK EARLY RELEASE21	2OZ BEAN & CHEESE BURRITO WW 2OZ SWEET POTATO 2OZ FRESH SEASONAL FRUIT 8OZ MILK EARLY RELEASE22	4OZ TIKKA MASALA 2OZ RAINBOW CARROTS 2OZ PEAR 2OZ RICE WG 8OZ MILK EARLY RELEASE23	2OZ BBQ BURGER 2OZ BAKED BEANS 2OZ ORANGE WEDGES 2OZ WW BUN 8OZ MILK EARLY RELEASE24
2OZ ENCHILADA WG 2OZ REFRIED BEANS 2OZ BANANAS 8OZ MILK27	4OZ PENNE WITH MEAT SAUCE WW 2OZ BUTTERNUT SQUASH 2OZ SLICED APPLES 8OZ MILK28	4OZ PULLED PORK MAC & CHEESE WW 2OZ CORN SALAD 2OZ FRESH SEASONAL FRUIT 8OZ MILK29	4OZ HOMEMADE PEPPERONI FOCACCIA PIZZA WW 2OZ BROCCOLI & RANCH 2OZ PINEAPPLE 8OZ MILK30	NEVADA DAY31

MENU SUBJECT TO CHANGE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENU PREPARED BY DONALD W. REYNOLDS CULINARY TEAM AND LEAD BY FABIAN GUERRERO
THE BOYS AND GIRLS CLUB STRIVES TO SIGNIFICANTLY REDUCE PROCESSED FOOD ON EVERY MEAL ITEM
WHOLE MILK FOR 1 YEAR OLDS AND 1% FOR AGES 2-5

November 2025

LUNCH MENU CACFP

HIGH DESERT MONTESSORI
SERVING 1-5 YEAR OLDS



BOYS & GIRLS CLUB
OF TRUCKEE MEADOWS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4OZ CHICKEN & WAFFLES WW 3 2OZ BROCCOLI & RANCH 2OZ BANANAS 8OZ MILK	2OZ TURKEY CORN DOG WG 4 2OZ POTATO WEDGES 2OZ SLICED APPLES 8OZ MILK	4OZ CHEESY NACHOS 5 2OZ BLACK BEANS 2OZ FRESH SEASONAL FRUIT 2OZ WG NACHOS 8OZ MILK EARLY RELEASE	4OZ HOMEMADE CHEESE FOCACCIA PIZZA WW 6 2OZ RAINBOW CARROTS 2OZ PINEAPPLE 8OZ MILK	2OZ BREAKFAST SAUSAGE 7 2OZ TOMATO AND CORN SALAD 2OZ WW FRENCH TOAST 2OZ ORANGE WEDGES 8OZ MILK
2OZ TAQUITOS 10 2OZ REFRIED BEANS 2OZ BANANAS 8OZ MILK	VETERANS DAY 11	4OZ PULLED PORK MAC & CHEESE WW 12 2OZ ROASTED BRUSSEL SPROUTS 2OZ FRESH SEASONAL FRUIT 8OZ MILK	4OZ CHILI VERDE 13 2OZ MEXICAN CORN SALAD 2OZ PEAR 2OZ CORN BREAD WG 8OZ MILK	4OZ CHICKEN FRIED RICE WG 14 2OZ CARROTS 2OZ ORANGE WEDGES 8OZ MILK
4OZ BBQ BURGER 17 2OZ BAKED BEANS 2OZ BANANAS 2OZ WW BUN 8OZ MILK	4OZ STROGANOFF WW 18 2OZ CUCUMBER SLICES W/RANCH 2OZ SLICED APPLES 8OZ MILK	2OZ BEAN & CHEESE BURRITO 19 2OZ SWEET POTATO 2OZ FRESH SEASONAL FRUIT 2OZ WG BUN 8OZ MILK	4OZ HOMEMADE COMBO FOCACCIA PIZZA WW 20 2OZ CAESAR SALAD 2OZ PINEAPPLE 8OZ MILK	4OZ TIKKA MASALA 21 2OZ MEXICAN CORN SALAD 2OZ ORANGE WEDGES 2OZ BROWN RICE WW 8OZ MILK
24 STAFF DEVELOPMENT DAY	25 THANKSGIVING BREAK	26 THANKSGIVING BREAK	27 THANKSGIVING BREAK	28 THANKSGIVING BREAK

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