

December 2025

LUNCH MENU HIGH DESERT MONTESSORI



BOYS & GIRLS CLUB
OF TRUCKEE MEADOWS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
40Z CHICKEN PASTA SALAD WW 1 20Z PEAS 20Z BANANAS 80Z MILK	40Z MEAT POT PIE 2 20Z GARDEN SALAD 20Z SLICED APPLES 20Z BISCUITS WW 80Z MILK VEGETARIAN POT PIE	40Z CHICKEN SALAD SANDWICH WW 3 20Z BLACK BEANS 20Z FRESH SEASONAL FRUIT 80Z MILK	40Z HOMEMADE CHEESE FOCACCIA PIZZA WW 4 20Z CARROTS 20Z BANANAS 20Z FRIED RICE WG 80Z MILK VEGETARIAN PIZZA	20Z FISH STICKS WG 5 20Z SWEET POTATO FRIES 20Z CLEMENTINES 80Z MILK
40Z HUMMUS POWER PLATE 8 20Z CUCUMBER SLICES 20Z BANANAS 20Z PITA WG 80Z MILK	40Z BAKED ZITI PASTA WW 9 20Z BLACK BEANS 20Z SLICED APPLES 80Z MILK VEGETARIAN ZITI PASTA	40Z BEAN & CHEESE BURRITO WW 10 20Z MEXICAN CORN SALAD 20Z FRESH SEASONAL FRUIT 80Z MILK EARLY RELEASE	40Z TURKEY SANDWICH WW 11 20Z CARROTS 20Z BANANAS 80Z MILK VEGETARIAN SANDWICH	40Z TURKEY W/GRAVY 12 20Z SWEET POTATOES 20Z CLEMENTINES 20Z DINNER ROLLS WG 80Z MILK
40Z ASIAN CHICKEN STIR FRY 15 20Z MIXED VEGGIES 20Z BANANAS 20Z RICE WG 80Z MILK	40Z GRILLED CHICKEN TACO TUESDAY WW 16 20Z BLACK BEAN SALAD 20Z SLICED APPLES 80Z MILK VEGETARIAN TACOS	40Z SOUTHWESTERN CHILI 17 20Z CORN SALAD 20Z FRESH SEASONAL FRUIT 20Z CORN BREAD WG 80Z MILK	40Z HOMEMADE COMBO FOCACCIA PIZZA WW 18 20Z CARROTS 20Z BANANAS 80Z MILK VEGETARIAN PIZZA	19 STAFF DEVELOPMENT DAY
22 WINTER BREAK	23 WINTER BREAK	24 WINTER BREAK	25 WINTER BREAK	26 WINTER BREAK
29 WINTER BREAK	30 WINTER BREAK	31 WINTER BREAK		

MENU SUBJECT TO CHANGE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.
 MENU PREPARED BY DONALD W. REYNOLDS CULINARY TEAM AND LEAD BY FABIAN GUERRERO.
 THE BOYS AND GIRLS CLUB STRIVES TO SIGNIFICANTLY REDUCE PROCESSED FOOD ON EVERY MEAL ITEM.