



BOYS & GIRLS CLUB
OF TRUCKEE MEADOWS

February 2026

LUNCH MENU CACFP HIGH DESERT MONTESSORI

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2OZ CHICKEN FAJITA 4OZ REFRIED BEANS 2OZ BANANAS 2OZ FRITOS WG 8OZ MILK 2	4OZ BISQUITS & GRAVY WW 4OZ GREEN BEANS 2OZ SLICED APPLES 8OZ MILK 3 VEGETARIAN GRAVY	2OZ BREAKFAST SAUSAGE LINKS 4OZ BROCCOLI W/RANCH 2OZ FRESH SEASONAL FRUIT 2OZ PANCAKES WW 8OZ MILK 4	4OZ CHEESEBURGER FOCACCIA PIZZA WW 4OZ CARROTS 2OZ BANANAS 2OZ FRIED RICE WG 2OZ MILK 8OZ VEGETARIAN PIZZA 5	2OZ CHICKEN PARMESAN 4OZ MASHED POTATOES 2OZ CLEMENTINES 2OZ GARLIC BREAD WW 8OZ MILK 6
2OZ CHICKEN GUMBO 4OZ BROCCOLI 2OZ BANANAS 2OZ BROWN RICE WG 8OZ MILK 9	4OZ GROUND BEEF TOSTADA WG 4OZ CHEESY REFRIED BEANS 2OZ SLICED APPLES 2OZ MILK 8OZ VEGETARIAN TOSTADA 10	2OZ ORANGE CHICKEN 4OZ CARROTS 2OZ FRIED RICE WG 2OZ FRESH SEASONAL FRUIT 8OZ MILK 11	2OZ SLOPPY JOE 4OZ COLESLAW 2OZ BANANAS 2OZ BUN WG 2OZ MILK 8OZ VEGETARIAN BURGER 12	13 PD DAY
16 PRESIDENTS DAY	4OZ MARINARA PASTA W/MEATBALLS WW 4OZ ITALIAN SALAD 2OZ SLICED APPLES 8OZ MILK VEGETARIAN PASTA 17	4OZ BEAN & CHEESE BURRITO WW 4OZ MEXICAN CORN SALAD 2OZ FRESH SEASONAL FRUIT 8OZ MILK 18	4OZ BBQ CHICKEN FOCACCIA PIZZA WW 4OZ CARROTS 2OZ BANANAS 8OZ MILK VEGETARIAN PIZZA 19	4OZ CHICKEN NUGGETS WG 4OZ BROCCOLI 2OZ CLEMENTINES 8OZ MILK 20
2OZ SHEPHERD'S PIE 4OZ MASHED POTATOES 2OZ BANANAS 2OZ DINNER ROLL WW 8OZ MILK 23	2OZ TACO TUESDAY 4OZ BROCCOLI & RANCH 2OZ SLICED APPLES 2OZ WW TORTILLAS 8OZ MILK VEGETARIAN TACOS 24	2OZ TERIYAKI CHICKEN STIR FRY 4OZ CARROTS 2OZ BROWN RICE WG 2OZ FRESH SEASONAL FRUIT 2OZ MILK 8OZ EARLY RELEASE 25	2OZ CHICKEN CASSEROLE 4OZ CUCUMBER SLICES 2OZ BANANAS 2OZ BROWN RICE WG 2OZ MILK 8OZ VEGETARIAN CASSEROLE 26	4OZ BEEF & CHEESE NACHOS WG 4OZ BLACK BEANS 2OZ CLEMENTINES 8OZ MILK 27

MENU SUBJECT TO CHANGE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
 MENU PREPARED BY DONALD W. REYNOLDS CULINARY TEAM AND LEAD BY FABIAN GUERRERO
 THE BOYS AND GIRLS CLUB STRIVES TO SIGNIFICANTLY REDUCE PROCESSED FOOD ON EVERY MEAL ITEM